



MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY

STATE DEPARTMENT FOR ENVIRONMENT AND CLIMATE CHANGE

KENYA METEOROLOGICAL DEPARTMENT

DAILY FORECAST FOR THE NEXT FIVE DAYS

VALIDITY: 30 JANUARY TO 3 FEBRUARY 2026

FORECAST ISSUED ON: 29 JANUARY 2026

SUMMARY:

- *Most parts of the country are expected to be sunny and dry. However, light to moderate rainfall is likely to occur in a few areas in the Highlands West of the Rift Valley and the Lake Victoria Basin.*

REGION	Time and Temperature	FRIDAY 30 JANUARY 2026	SATURDAY 31 JANUARY 2026	SUNDAY 1 FEBRUARY 2026	MONDAY 2 FEBRUARY 2026	TUESDAY 3 FEBRUARY 2026
The Highlands West of the Rift Valley, the Lake Victoria Basin, and the Rift Valley (<i>Siaya, Kisumu, Homabay, Migori, Kisii, Nyamira, Trans Nzoia, Baringo, Uasin Gishu, Elgeyo Marakwet, Nandi, Nakuru, Narok, Kericho, Bomet, Kakamega, Vihiga, Bungoma, Busia and West Pokot Counties</i>)	<i>Morning</i>	Sunny intervals.	Sunny intervals.	A chance of rains over few places.	Rains over few places.	A chance of rains over few places.
	<i>Afternoon</i>	Showers and thunderstorms over few places.	A chance of showers over few places.	A chance of showers over few places.	A chance of showers over few places.	Sunny intervals.
	<i>Night</i>	A chance of showers over few places.	A chance of showers over few places.	Showers over few places.	Showers over few places.	Partly cloudy.
	<i>Maximum Temperatures</i>	32°C	33°C	33°C	33°C	33°C
	<i>Minimum Temperatures</i>	08°C	10°C	10°C	09°C	08°C
North-western (<i>Turkana and Samburu Counties</i>)	<i>Morning</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.

REGION	<i>Time and Temperature</i>	FRIDAY 30 JANUARY 2026	SATURDAY 31 JANUARY 2026	SUNDAY 1 FEBRUARY 2026	MONDAY 2 FEBRUARY 2026	TUESDAY 3 FEBRUARY 2026
	<i>Afternoon</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	<i>Maximum Temperatures</i>	38°C	38°C	38°C	38°C	38°C
	<i>Minimum Temperatures</i>	07°C	08°C	09°C	08°C	08°C
Highlands East of the Rift Valley (Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang'a, Kiambu, Meru, Embu, Tharaka Nithi and Nairobi Counties)	<i>Morning</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Afternoon</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	<i>Maximum Temperatures</i>	31°C	31°C	33°C	33°C	32°C
	<i>Minimum Temperatures</i>	05°C	08°C	07°C	05°C	05°C
North-eastern (Marsabit, Mandera, Wajir, Garissa and Isiolo Counties)	<i>Morning</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Afternoon</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	<i>Maximum Temperatures</i>	37°C	37°C	37°C	38°C	37°C
	<i>Minimum Temperatures</i>	17°C	17°C	18°C	18°C	19°C

REGION	Time and Temperature	FRIDAY 30 JANUARY 2026	SATURDAY 31 JANUARY 2026	SUNDAY 1 FEBRUARY 2026	MONDAY 2 FEBRUARY 2026	TUESDAY 3 FEBRUARY 2026
South-eastern lowlands (<i>Kitui, Makueni, Machakos, Kajiado and Taita Taveta Counties as well as inland parts of Tana River County</i>)	<i>Morning</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Afternoon</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	<i>Maximum Temperatures</i>	32°C	33°C	35°C	35°C	34°C
	<i>Minimum Temperatures</i>	15°C	16°C	15°C	14°C	14°C
Coast (<i>Mombasa, Kilifi, Lamu and Kwale Counties as well as coastal parts of Tana River County</i>)	<i>Morning</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Afternoon</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	<i>Maximum Temperatures</i>	33°C	32°C	33°C	32°C	34°C
	<i>Minimum Temperatures</i>	23°C	23°C	22°C	22°C	24°C

N.B: This forecast should be used in conjunction with the daily (24-hour) forecast issued by this Department. County specific forecasts are available from the offices of respective County Directors of Meteorological Services.

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APPENDIX I: INTERPRETATION OF TERMS USED

<i>Term</i>	<i>Rainfall Amount (24 hrs.)</i>	<i>Description</i>
Light	< 5 mm	Gentle rain, drizzle.
Moderate	5–20 mm	Steady, noticeable rain.
Heavy	21–50 mm	Intense rain, possible thunder.
Very Heavy	> 50 mm	Prolonged rain.

<i>Term</i>	<i>Area Affected</i>	<i>Description</i>
Few places	< 33%	Rain in a small portion of the region.
Several places	33% to 66%	Rain in multiple but not most parts of the region.
Most places	> 66%	Rain in nearly all parts of the region.

<i>Term</i>	<i>Area Affected</i>	<i>Description</i>
Isolated	Less than 25%	Very few areas affected.
Scattered	25–50%	Several, but not most, areas affected.
Numerous	51–70%	Many areas affected.
Widespread	Over 70%	Almost all areas affected.

<i>Term</i>	<i>Time Coverage (%)</i>	<i>Meaning</i>
Occasional	Less than 25%	Happens rarely or a few times.
Intermittent	25% – 50%	Starts and stops, comes and goes.
Frequent	51% – 75%	Occurs regularly.
Very Frequent / Common	More than 75%	Happens almost all the time.

<i>Term</i>	<i>Probability of Occurrence</i>	<i>Description</i>
Possible	10–30%	There is low confidence.
Chance of/ May	31–50%	There is moderate confidence.
Likely	51–75%	The event is more probable than not.
Expected	76–90%	There is high confidence.
Very Likely	91–99%	There is very high confidence. Almost certain.
Certain	100%	The event is guaranteed to occur.