



DAILY FORECAST FOR THE NEXT FIVE DAYS

VALIDITY: 30 JANUARY TO 3 FEBRUARY 2026

FORECAST ISSUED ON: 29 JANUARY 2026

SUMMARY:

- Most parts of the country are expected to be sunny and dry. However, light to moderate rainfall is likely to occur in a few areas in the Highlands West of the Rift Valley and the Lake Victoria Basin.*

REGION	Time and Temperature	FRIDAY 30 JANUARY 2026	SATURDAY 31 JANUARY 2026	SUNDAY 1 FEBRUARY 2026	MONDAY 2 FEBRUARY 2026	TUESDAY 3 FEBRUARY 2026
The Highlands West of the Rift Valley, the Lake Victoria Basin, and the Rift Valley (Siaya, Kisumu, Homabay, Migori, Kisii, Nyamira, Trans Nzoia, Baringo, Uasin Gishu, Elgeyo Marakwet, Nandi, Nakuru, Narok, Kericho, Bomet, Kakamega, Vihiga, Bungoma, Busia and West Pokot Counties)	Morning	Sunny intervals.	Sunny intervals.	A chance of rains over few places.	Rains over few places.	A chance of rains over few places.
	Afternoon	Showers and thunderstorms over few places.	A chance of showers over few places.	A chance of showers over few places.	A chance of showers over few places.	Sunny intervals.
	Night	A chance of showers over few places.	A chance of showers over few places.	Showers over few places.	Showers over few places.	Partly cloudy.
	Maximum Temperatures	32°C	33°C	33°C	33°C	33°C
	Minimum Temperatures	08°C	10°C	10°C	09°C	08°C
North-western (Turkana and Samburu Counties)	Morning	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.

REGION	Time and Temperature	FRIDAY 30 JANUARY 2026	SATURDAY 31 JANUARY 2026	SUNDAY 1 FEBRUARY 2026	MONDAY 2 FEBRUARY 2026	TUESDAY 3 FEBRUARY 2026
Highlands East of the Rift Valley <i>(Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang'a, Kiambu, Meru, Embu, Tharaka Nithi and Nairobi Counties)</i>	Afternoon	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Night	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	Maximum Temperatures	38°C	38°C	38°C	38°C	38°C
	Minimum Temperatures	07°C	08°C	09°C	08°C	08°C
	Morning	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
North-eastern <i>(Marsabit, Mandera, Wajir, Garissa and Isiolo Counties)</i>	Afternoon	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Night	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	Maximum Temperatures	31°C	31°C	33°C	33°C	32°C
	Minimum Temperatures	05°C	08°C	07°C	05°C	05°C
	Morning	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.

REGION	Time and Temperature	FRIDAY 30 JANUARY 2026	SATURDAY 31 JANUARY 2026	SUNDAY 1 FEBRUARY 2026	MONDAY 2 FEBRUARY 2026	TUESDAY 3 FEBRUARY 2026
South-eastern lowlands (Kitui, Makueni, Machakos, Kajiado and Taita Taveta Counties as well as inland parts of Tana River County)	Morning	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Afternoon	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Night	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	Maximum Temperatures	32°C	33°C	35°C	35°C	34°C
	Minimum Temperatures	15°C	16°C	15°C	14°C	14°C
Coast (Mombasa, Kilifi, Lamu and Kwale Counties as well as coastal parts of Tana River County)	Morning	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Afternoon	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Night	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	Maximum Temperatures	33°C	32°C	33°C	32°C	34°C
	Minimum Temperatures	23°C	23°C	22°C	22°C	24°C

N.B: This forecast should be used in conjunction with the daily (24-hour) forecast issued by this Department. County specific forecasts are available from the offices of respective County Directors of Meteorological Services.

J. Gacheru
Duty Analyst

APPENDIX I: INTERPRETATION OF TERMS USED

Term	Rainfall Amount (24 hrs.)	Description
Light	< 5 mm	Gentle rain, drizzle.
Moderate	5–20 mm	Steady, noticeable rain.
Heavy	21–50 mm	Intense rain, possible thunder.
Very Heavy	> 50 mm	Prolonged rain.

Term	Area Affected	Description
Few places	< 33%	Rain in a small portion of the region.
Several places	33% to 66%	Rain in multiple but not most parts of the region.
Most places	> 66%	Rain in nearly all parts of the region.

Term	Area Affected	Description
Isolated	Less than 25%	Very few areas affected.
Scattered	25–50%	Several, but not most, areas affected.
Numerous	51–70%	Many areas affected.
Widespread	Over 70%	Almost all areas affected.

Term	Time Coverage (%)	Meaning
Occasional	Less than 25%	Happens rarely or a few times.
Intermittent	25% – 50%	Starts and stops, comes and goes.
Frequent	51% – 75%	Occurs regularly.
Very Frequent / Common	More than 75%	Happens almost all the time.

Term	Probability of Occurrence	Description
Possible	10–30%	There is low confidence.
Chance of/ May	31–50%	There is moderate confidence.
Likely	51–75%	The event is more probable than not.
Expected	76–90%	There is high confidence.
Very Likely	91–99%	There is very high confidence. Almost certain.
Certain	100%	The event is guaranteed to occur.