



REPUBLIC OF KENYA
MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY
KENYA METEOROLOGICAL DEPARTMENT
BOMET COUNTY

Ref: MET/15/25/9/2/FCST01-26/

Issue date: 17/02/2026

THE “OUTLOOK FOR LONG RAINS” (MARCH-APRIL-MAY 2026 SEASON)

I. CLIMATE OUTLOOK FOOR THE NARCH -APRIL -MAY 2026 RAINFALL SEASON

The March to May period is the major rainfall season (long rains) over most parts of Kenya. **Figure 1** illustrates the Bomet county rainfall climatology during the March to May rainfall season.

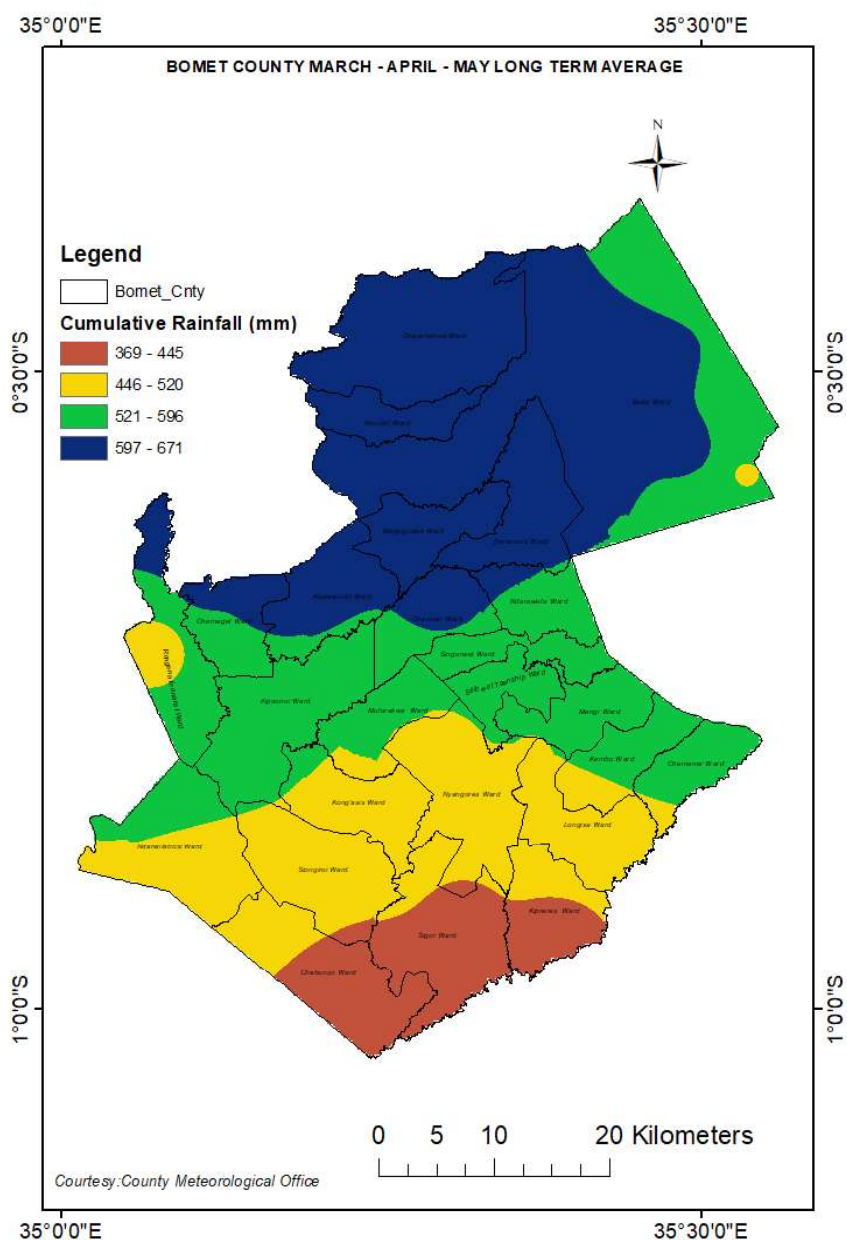


Figure 1: Rainfall climatology during the March to May rainfall season.

The climate outlook for the March -April-May (MAM) 2026 season (**Figure 2**) indicates that near average to above average rainfall is expected across the county. Occasional heavy rainfall events are likely to occur.

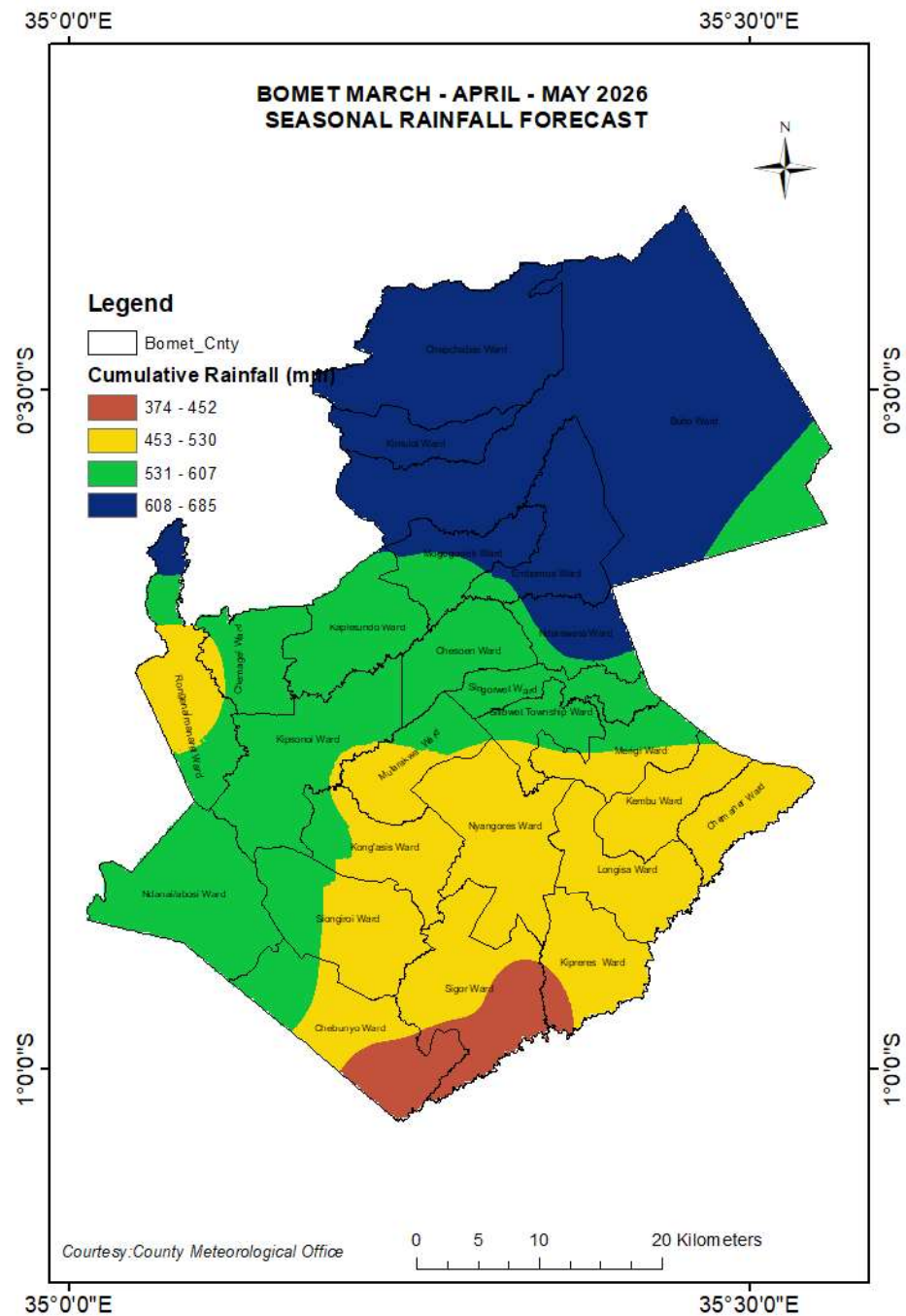


Figure 2: March-April-May (MAM) 2026 seasonal rainfall forecast.

NOTE: Intraseasonal drivers of variability, such as tropical cyclones and the Madden-Julian Oscillation (MJO), are only predictable at shorter lead times and can significantly influence the expected seasonal outcome. It is therefore advisable to stay up to date with subsequent forecasts and updates.

2. EXPECTED DISTRIBUTION OF THE MAM RAINFALL, ONSET AND CESSATION DATES

2.1 Distribution

Table 1 below indicates the expected onset dates, cessation dates and distribution of rainfall for the various climatic of the county.

Climatic Zone	Onset dates	Cessation dates	Distribution
Zone1 Sigor Sigor, Chebunyo, Kiprerer, Longisa,	Continues from February	Continues into June	Fair
Zone2 Nyongores Nyangores, Siongiroi, Mutarakwa	Continues from February	Continues into June	Fair
Zone 3 Silbwet, Ndanai/Abosi, Kapletundo	Continues from February	Continues into June	Good
Zone 4 Mogogosiek, Chepchambas, Boito, Embomos	Continues from February	Continues into June	Good

Table 1: Onset dates, cessation dates and distribution of rainfall for the various climatic zones.

3. TEMPERATURE FORECAST

Warmer than average temperatures are expected over the whole county.

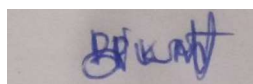
4. POTENTIAL IMPACTS OF THE ‘LONG RAINS’ (MARCH TO MAY) 2026 SEASON

The expected rainfall during the ‘Long Rains’ (March to May) 2026 season is expected to have both negative and positive impacts across various sectors.

- The near average to above average rainfall is likely to enhance agricultural production hence boosting food security.
- Occasional heavy rainfall and strong winds may damage crops and infrastructure.
- Lightning strikes may destroy structures and cause death of both animals and human beings.
- Flooding in the low-lying wards near the river banks might be experienced during the expected occasional heavy rainfall.
- Water pools and pans will provide ample environment for vector breeding hence increased spread of both animal and human disease.
- Availability of clean water will contribute to improved sanitation.
- Water harvesting for future use.
- Increased forest cover by planting more trees.

NB: This seasonal outlook should be used together with 24-hour, monthly, 7-day, 5-day and daily forecasts as well as special advisories issued by Kenya Meteorological Department.

Weekly county forecasts are available from county meteorological office.



Biwott MK Peter
County Director of Meteorological Services, Bomet
P. O. Box 326-20400 Bomet.
Mobile: 0723513548.
Email: pmbiwott2003@gmail.com