



MINISTRY OF ENVIRONMENT, CLIMATE CHANGE & FORESTRY  
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Ref: KMD/NRK/FCST/MAM-2026

Issue Date: 18/02/2026

**NAROK COUNTY SEASONAL CLIMATE FORECAST VALID  
MARCH- MAY 2026**

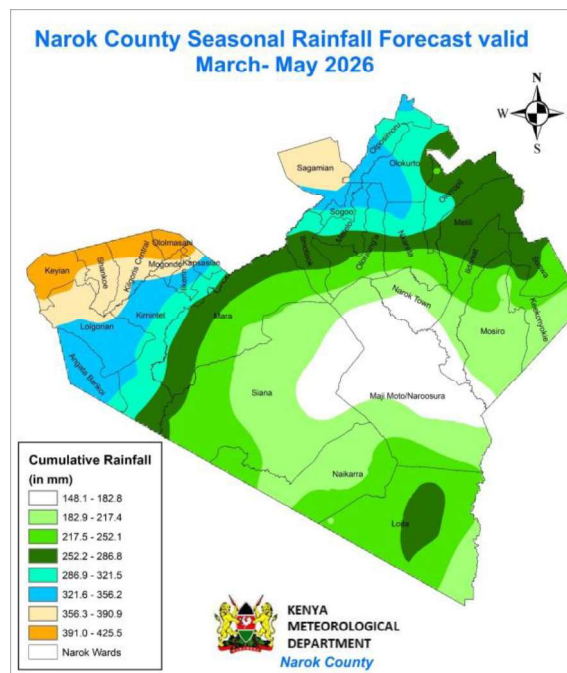
**HIGHLIGHTS**

**Outlook for March – May 2025**

- The County expected to receive normal to above normal seasonal rainfall fairly distributed both in time and space.
- The Seasonal rains expected continue from February with a peak in April and cease June 2026

**1.0 NAROK COUNTY MARCH – MAY 2026 SEASONAL FORECAST**

Most parts of Narok are expected to receive normal or average rainfalls ranging from a minimum of 150mm in Maji Moto, Naroosura, Mosiro and some parts of Narok town to maximum of more than 400mm in Keyian, Kilgoris and Shankoe. (*Fig 1*).



**Fig 1. Narok County MAM 2026 Seasonal rainfall forecast**

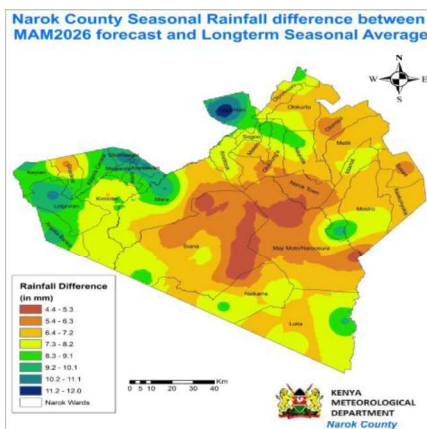
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## 2.0 ONSET AND CESSATION DATES

In areas already experiencing rainfall, they are expected to continue and other parts to start from 8<sup>th</sup> March and cease in June 2026.

## 3.0 POTENTIAL IMPACTS OF THE OND 2024 RAINS

In view of the forecast, many sectors will be impacted in different ways. Sector lead should prepare advisories through Co-production workshops. With adequate preparations, the county can avoid some of the likely negative impacts while taking full advantage of the positive ones.



**Fig 2. Narok County MAM 2026 Rainfall difference**

### 3.1 Agriculture, Livestock Development and Food Security Sectors

Farmers and other value chain players should take maximum advantage of the expected Normal rainfall fairly distributed in both time and space by liaising with Agriculture and livestock extension officers for advice on appropriate variety and type of crops to adopt.

### 3.2 Environment and Natural Resources Sectors

Measures should be put in place to improve on drought support and alternative livelihoods.

### 3.3 Water, Irrigation and Sanitation

Residents urged to enhance rainwater harvesting both on roof catchment and surface runoff. Those living upstream of water sources advised to enhance soil conservation to reduce siltation of dams and water pans.

### 3.4 Disaster Management Sector

Relevant government authorities should therefore put in place the necessary contingency plans and early actions.

**N.B:** This forecast should be used in conjunction with the weekly, monthly forecast and regular updates issued by this office.

Signed,

**Stanley Kinyua**  
**County Director Meteorological Services,**  
**Narok-Kenya**

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