



REPUBLIC OF KENYA
MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY
KENYA METEOROLOGICAL DEPARTMENT
BARINGO COUNTY
Date: 24/02/2026

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March-April-May (MAM) 2026 Seasonal Rainfall Forecast

The March to May period is the major rainfall season (Long Rains) over most parts of Kenya and Baringo County in particular. The forecasted early seasonal rainfall is associated with the presence of favourable atmospheric systems which enhance convective activity. These systems are temporarily and are limited to late February and early March period in several places.

Summary of seasonal Rainfall outlook

Rainfall in Baringo County during March, April, May, 2026 rainfall season is to expected to be higher compared to 30 years average for the season (1991-2020 ,WMO Base line period).The map (Fig .1) below shows the amount of rainfall in mm that is forecasted to fall in each part of Baringo County during the season.

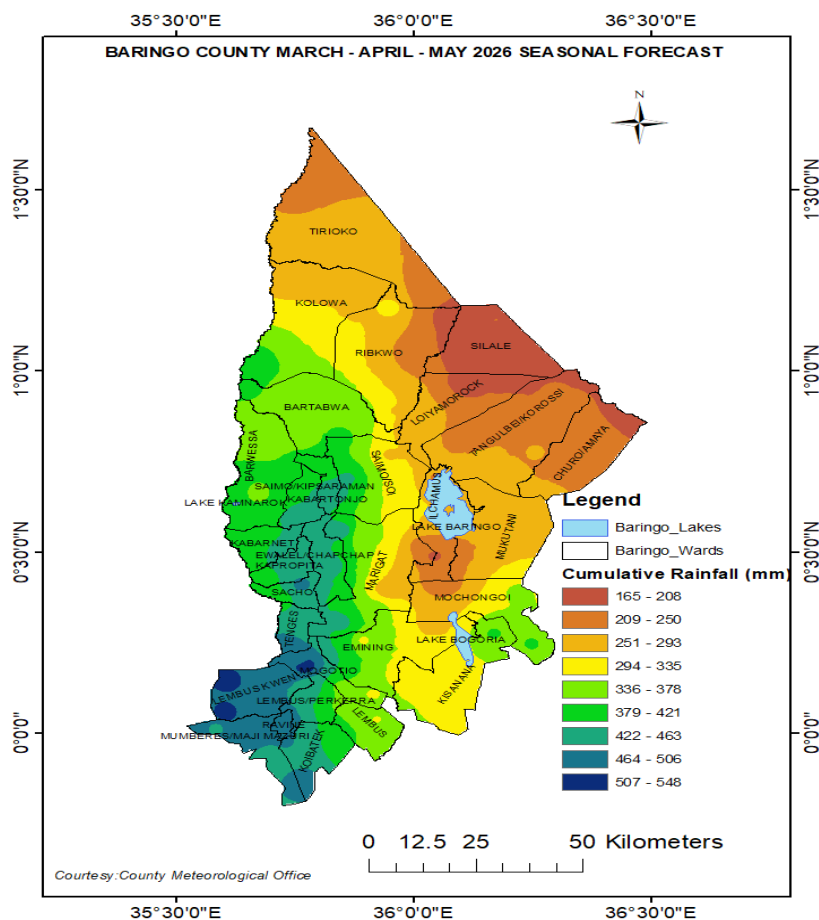


Fig 1. Forecasted cumulative rainfall amounts (mm)

The map (fig.2) below shows normal rainfall in mm in each part of the county during the same three-month period.

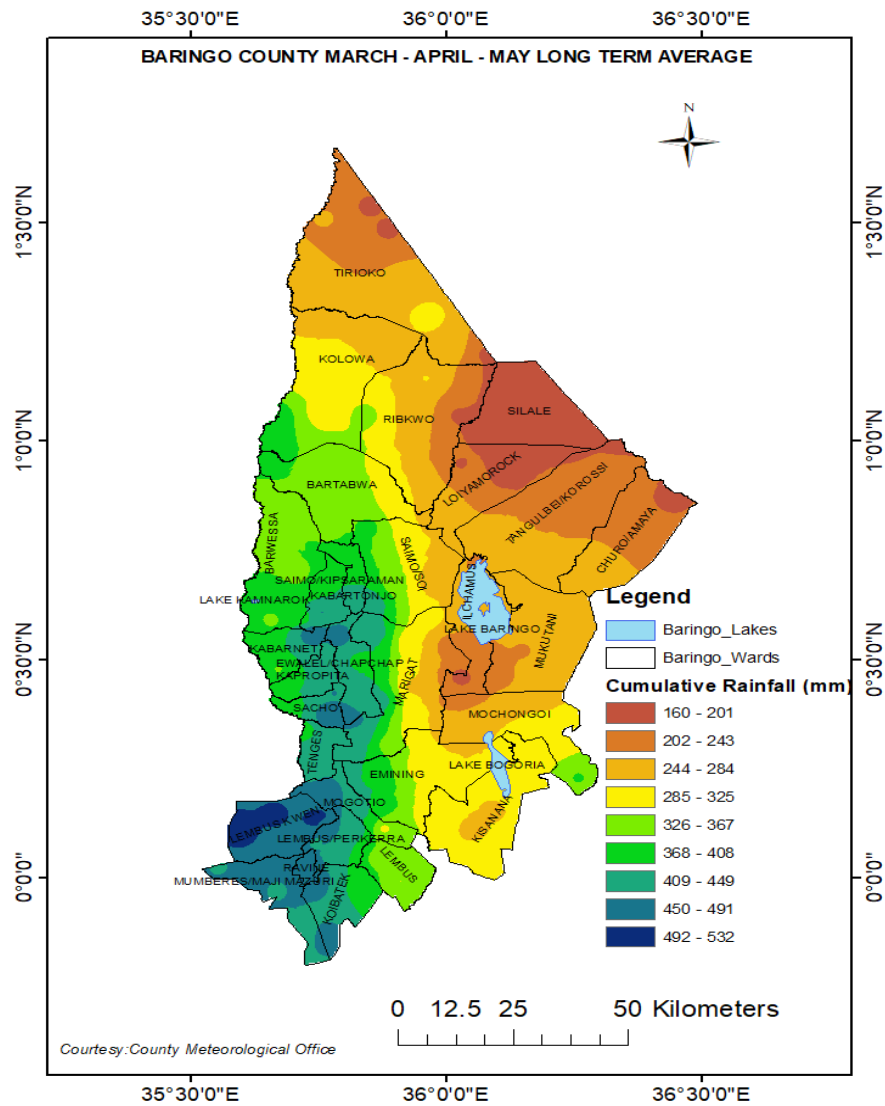


Fig2. Average rainfall experienced during the same three months' period over 30 years (1991 and 2020)

Zone 2: Parts of (Kolowa, Ribkwo, Tirioko, Loiyamorok, Tangulbei/Korossi, Barwessa, Bartabwa, Saimo Soi, Marigat, Mochongoi, Emining, Kisanana, Mogotio and Lembus) Wards:

Start of rainfall season (onset): Rainfall is expected to continue from the month of February 2026.

End (cessation) of rainfall season: Rainfall is expected to continue into June 2026.

Distribution of rainfall: Good distribution in both space and time.

Peak month: April is expected to be the peak rainfall.

Probable amount of rainfall: 262 – 357 mm.

Zone 3: Parts of (Kolowa, Barwessa, Bartabwa, Saimo Soi, Saimo Kipsaram, Kabartonjo, Kabarnet, Ewalel Chapchap, Kapropita, Marigat, Emining, Sacho, Tenges, Mogotio, Mochongoi, Lembus Perkerra, Lembus Kwen, Ravine, Koibatek, Mumberes, Maji Mazuri) Wards:

Start of rainfall season (onset): Rainfall is expected to continue from the month of February 2026.

End (cessation) of rainfall season: Rainfall is expected to continue into June 2026

Distribution of rainfall: Good distribution in both space and time.

Peak month: April is expected to be the peak rainfall.

Probable amount of rainfall: 358 – 453 mm.

Zone 4: Parts of (Kabartonjo, Kabarnet, Kapropita, Sacho, Tenges, Mogotio, Lembus Perkerra, Lembus Kwen, Mumberes/ Maji Mazuri and Lembus) Wards:

Start of rainfall season (onset): Rainfall is expected to continue from the month of February 2026.

End (cessation) of rainfall season: Rainfall is expected to continue into June 2026.

Distribution of rainfall: Good distribution in both space and time.

Peak month: April is expected to be the peak rainfall.

Probable amount of rainfall: 454 – 548 mm.

ADVICE TO FARMERS OF BARINGO COUNTY

1. Prepare your farms before the onset of the expected rains.
2. Consult your local agricultural extension offices for advice on how to plan farming activities in the light of this forecast.
3. Choose seed varieties which do well within the defined climatic zones as advised by agricultural extension services.
4. Diversify your farming activities to cushion against possible losses.
5. Harvest rain water for future use.

Note:

1. Floods are expected in low lying areas should it rain continuously. Avoid crossing swollen rivers.
2. Expect lightning strikes, occasional strong wind, hailstones and heavy rainfall during the season.
3. Consult local WhatsApp groups to access climate information at ward Level.

4. Keep in touch with community leaders to access timely climate information advisories issued by County Meteorological Office. Get such climate information from County commissioner, Deputy County Commissioners, Sub County Administrators, Assistant County Commissioners, Ward Administrators, Chiefs, Assistant Chiefs, Churches and Mosques leaders.

NB: This outlook should be used together with weather updates such as weekly and monthly and forecasts issued from County Meteorological Office.

For further information, please contact:

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A handwritten signature in black ink, appearing to read 'Samuel Mutai', with a horizontal line underneath it.

Samuel Mutai
County Director of Meteorological Services
Baringo County