



REPUBLIC OF KENYA
MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY
State Department for Environment & Climate Change
KENYA METEOROLOGICAL DEPARTMENT
Dagoretti Corner, Ngong Road, P. O. Box 30259, 00100 GPO, Nairobi, Kenya
Telephone: 254 (0) 20 3867880-7, 0724 255 153/4
E-mail: director@meteo.go.ke, info@meteo.go.ke **Website:** <http://www.meteo.go.ke>

DAILY FORECAST FOR THE NEXT FIVE DAYS

VALIDITY: 5TH TO 9TH MARCH 2026

FORECAST ISSUED ON: 4TH MARCH 2026

SUMMARY:

- *Rainfall is expected to continue in several parts of the country.*
- *Isolated heavy rainfall events are likely to occur in some parts of the Highlands East and West of the Rift Valley, the Lake Victoria Basin, the Rift Valley, the South-eastern Lowlands, the Coast, North-eastern and North-western Kenya.*

REGION	Time and Temperature	THURSDAY 5 MARCH 2026	FRIDAY 6 MARCH 2026	SATURDAY 7 MARCH 2026	SUNDAY 8 MARCH 2026	MONDAY 9 MARCH 2026
The Highlands West of the Rift Valley, the Lake Victoria Basin, and the Rift Valley (<i>Siaya, Kisumu, Homabay, Migori, Kisii, Nyamira, Trans Nzoia, Baringo, Uasin Gishu, Elgeyo Marakwet, Nandi, Nakuru, Narok, Kericho, Bomet, Kakamega, Vihiga, Bungoma, Busia and West Pokot Counties</i>)	<i>Morning</i>	Rains over several places.	Rains over few places.	Rains over few places.	A chance of rains over few places.	Sunny intervals.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.
	<i>Night</i>	Showers over several places.	Showers over several places.	Showers over few places.	Showers over few places.	Showers over few places.
	<i>Maximum Temperatures</i>	27°C	27°C	26°C	28°C	29°C

FIVE-DAY FORECAST

Follow us on X and IG: x.com/MeteoKenya and Facebook: fb.com/KenyaMeteorologicalDepartment

REGION	<i>Time and Temperature</i>	THURSDAY 5 MARCH 2026	FRIDAY 6 MARCH 2026	SATURDAY 7 MARCH 2026	SUNDAY 8 MARCH 2026	MONDAY 9 MARCH 2026
	<i>Minimum Temperatures</i>	14°C	12°C	14°C	13°C	13°C
North-western (<i>Turkana and Samburu Counties</i>)	<i>Morning</i>	Rains over several places.	Rains over several places.	Rains over few places.	Sunny intervals.	A chance of rains over few places.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Showers over few places.	Showers over few places.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	<i>Maximum Temperatures</i>	36°C	36°C	35°C	37°C	37°C
	<i>Minimum Temperatures</i>	11°C	10°C	11°C	10°C	12°C
Highlands East of the Rift Valley (<i>Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang'a, Kiambu, Meru, Embu, Tharaka Nithi and Nairobi Counties</i>)	<i>Morning</i>	Rains over several places.	Rains over few places.	A chance of rains over few places.	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.			
	<i>Night</i>	Showers over several places.	Showers over several places.	Showers over few places.	Showers over few places.	A chance of showers over few places.
	<i>Maximum Temperatures</i>	26°C	27°C	28°C	29°C	29°C
	<i>Minimum Temperatures</i>	12°C	11°C	10°C	11°C	10°C
North-eastern (<i>Marsabit, Mandera, Wajir, Garissa and Isiolo Counties</i>)	<i>Morning</i>	Rains over several places.	Rains over few places.	Rains over few places.	Rains over few places.	Rains over few places.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	A chance of showers over few places.
	<i>Night</i>	Showers over few places.	A chance of showers over few places.			

FIVE-DAY FORECAST

Follow us on X and IG: x.com/MeteoKenya and Facebook: fb.com/KenyaMeteorologicalDepartment

REGION	<i>Time and Temperature</i>	THURSDAY 5 MARCH 2026	FRIDAY 6 MARCH 2026	SATURDAY 7 MARCH 2026	SUNDAY 8 MARCH 2026	MONDAY 9 MARCH 2026
	<i>Maximum Temperatures</i>	37°C	37°C	38°C	38°C	39°C
	<i>Minimum Temperatures</i>	17°C	17°C	18°C	18°C	18°C
South-eastern lowlands (<i>Kitui, Makueni, Machakos, Kajiado and Taita Taveta Counties as well as inland parts of Tana River County</i>)	<i>Morning</i>	Rains over few places.	Sunny intervals.			
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.			
	<i>Night</i>	Showers over few places.	Showers over few places.			
	<i>Maximum Temperatures</i>	33°C	33°C	32°C	32°C	34°C
	<i>Minimum Temperatures</i>	16°C	16°C	17°C	15°C	15°C
Coast (<i>Mombasa, Kilifi, Lamu and Kwale Counties as well as the Tana Delta</i>)	<i>Morning</i>	Showers over few places.	Showers over few places.	A chance of showers over few places.	Showers over few places.	Showers over few places.
	<i>Afternoon</i>	Showers over few places.	Showers over several places.	Showers over few places.	Showers over few places.	A chance of showers over few places.
	<i>Night</i>	Showers over few places.	Showers over few places.	Showers over few places.	A chance of showers over few places.	Partly cloudy.
	<i>Maximum Temperatures</i>	33°C	34°C	33°C	34°C	33°C
	<i>Minimum Temperatures</i>	24°C	25°C	25°C	24°C	24°C

N.B: This forecast should be used in conjunction with the daily (24-hour) forecast issued by this Department. County specific forecasts are available from the offices of respective County Directors of Meteorological Services.

J. Gacheru,
Duty Analyst

APPENDIX I: INTERPRETATION OF TERMS USED

<i>Term</i>	<i>Rainfall Amount (24 hrs.)</i>	<i>Description</i>
Light	< 5 mm	Gentle rain, drizzle.
Moderate	5–20 mm	Steady, noticeable rain.
Heavy	21–50 mm	Intense rain, possible thunder.
Very Heavy	> 50 mm	Prolonged rain.

<i>Term</i>	<i>Area Affected</i>	<i>Description</i>
Few places	< 33%	Rain in a small portion of the region.
Several places	33% to 66%	Rain in multiple but not most parts of the region.
Most places	> 66%	Rain in nearly all parts of the region.

<i>Term</i>	<i>Area Affected</i>	<i>Description</i>
Isolated	Less than 25%	Very few areas affected.
Scattered	25–50%	Several, but not most, areas affected.
Numerous	51–70%	Many areas affected.
Widespread	Over 70%	Almost all areas affected.

<i>Term</i>	<i>Time Coverage (%)</i>	<i>Meaning</i>
Occasional	Less than 25%	Happens rarely or a few times.
Intermittent	25% – 50%	Starts and stops, comes and goes.
Frequent	51% – 75%	Occurs regularly.
Very Frequent / Common	More than 75%	Happens almost all the time.

<i>Term</i>	<i>Probability of Occurrence</i>	<i>Description</i>
Possible	10–30%	There is low confidence.
Chance of/ May	31–50%	There is moderate confidence.
Likely	51–75%	The event is more probable than not.
Expected	76–90%	There is high confidence.
Very Likely	91–99%	There is very high confidence. Almost certain.
Certain	100%	The event is guaranteed to occur.

FIVE-DAY FORECAST

Follow us on X and IG: x.com/MeteoKenya and Facebook: fb.com/KenyaMeteorologicalDepartment