



REPUBLIC OF KENYA
MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY
State Department for Environment & Climate Change
KENYA METEOROLOGICAL DEPARTMENT
Dagoretti Corner, Ngong Road, P. O. Box 30259, 00100 GPO, Nairobi, Kenya
Telephone: 254 (0) 20 3867880-7, 0724 255 153/4
E-mail: director@meteo.go.ke, info@meteo.go.ke **Website:** <http://www.meteo.go.ke>

DAILY FORECAST FOR THE NEXT FIVE DAYS

VALIDITY: 6TH TO 10TH MARCH 2026

FORECAST ISSUED ON: 5TH MARCH 2026

SUMMARY:

- *Rainfall is expected to continue in several parts of the country.*
- *Isolated heavy rainfall events are likely to occur in some parts of the Highlands East and West of the Rift Valley, the Lake Victoria Basin, the Rift Valley, the South-eastern Lowlands, the Coast, North-eastern and North-western Kenya.*

REGION	Time and Temperature	FRIDAY 6 MARCH 2026	SATURDAY 7 MARCH 2026	SUNDAY 8 MARCH 2026	MONDAY 9 MARCH 2026	TUESDAY 10 MARCH 2026
The Highlands West of the Rift Valley, the Lake Victoria Basin, and the Rift Valley (<i>Siaya, Kisumu, Homabay, Migori, Kisii, Nyamira, Trans Nzoia, Baringo, Uasin Gishu, Elgeyo Marakwet, Nandi, Nakuru, Narok, Kericho, Bomet, Kakamega, Vihiga, Bungoma, Busia and West Pokot Counties</i>)	<i>Morning</i>	Rains over several places.	Rains over few places.	A chance of rains over few places.	Sunny intervals.	A chance of rains over few places.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.
	<i>Night</i>	Showers over several places.	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.
	<i>Maximum Temperatures</i>	26°C	26°C	27°C	27°C	28°C

FIVE-DAY FORECAST

Follow us on X and IG: x.com/MeteoKenya and Facebook: fb.com/KenyaMeteorologicalDepartment

REGION	<i>Time and Temperature</i>	FRIDAY 6 MARCH 2026	SATURDAY 7 MARCH 2026	SUNDAY 8 MARCH 2026	MONDAY 9 MARCH 2026	TUESDAY 10 MARCH 2026
	<i>Minimum Temperatures</i>	13°C	13°C	12°C	12°C	11°C
North-western (<i>Turkana and Samburu Counties</i>)	<i>Morning</i>	Rains over several places.	Rains over few places.	A chance of rains over few places.	A chance of rains over few places.	A chance of rains over few places.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Sunny intervals.	A chance of showers over few places.
	<i>Night</i>	Showers over few places.	A chance of showers over few places.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	<i>Maximum Temperatures</i>	35°C	35°C	34°C	36°C	36°C
	<i>Minimum Temperatures</i>	12°C	11°C	10°C	13°C	13°C
Highlands East of the Rift Valley (<i>Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang'a, Kiambu, Meru, Embu, Tharaka Nithi and Nairobi Counties</i>)	<i>Morning</i>	Rains over few places.	Rains over few places.	A chance of rains over few places.	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.
	<i>Night</i>	Showers over several places.	Showers over few places.	Showers over few places.	Showers over few places.	A chance of showers over few places.
	<i>Maximum Temperatures</i>	26°C	27°C	27°C	28°C	28°C
	<i>Minimum Temperatures</i>	12°C	11°C	10°C	11°C	10°C
North-eastern (<i>Marsabit, Mandera, Wajir, Garissa and Isiolo Counties</i>)	<i>Morning</i>	Rains over several places.	Rains over few places.	Rains over few places.	Rains over few places.	Rains over few places.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	A chance of showers over few places.	Showers over few places.
	<i>Night</i>	Showers over few places.	Showers over few places.	A chance of showers over few places.	A chance of showers over few places.	Partly cloudy.

FIVE-DAY FORECAST

Follow us on X and IG: x.com/MeteoKenya and Facebook: fb.com/KenyaMeteorologicalDepartment

REGION	Time and Temperature	FRIDAY 6 MARCH 2026	SATURDAY 7 MARCH 2026	SUNDAY 8 MARCH 2026	MONDAY 9 MARCH 2026	TUESDAY 10 MARCH 2026
	Maximum Temperatures	36°C	36°C	37°C	37°C	38°C
	Minimum Temperatures	17°C	17°C	18°C	18°C	19°C
South-eastern lowlands (<i>Kitui, Makueni, Machakos, Kajiado and Taita Taveta Counties as well as inland parts of Tana River County</i>)	Morning	Rains over few places.	Rains over few places.	Rains over several places.	Rains over few places.	A chance of rains over few places.
	Afternoon	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.			
	Night	Showers over several places.	Showers over several places.	Showers over few places.	Showers over few places.	Showers over few places.
	Maximum Temperatures	31°C	31°C	32°C	32°C	33°C
	Minimum Temperatures	16°C	17°C	17°C	16°C	16°C
Coast (<i>Mombasa, Kilifi, Lamu and Kwale Counties as well as the Tana Delta</i>)	Morning	Showers over few places.	Showers over few places.	Showers over several places.	Showers over few places.	Showers over few places.
	Afternoon	Showers over few places.	Showers over several places.	Showers over few places.	Showers over few places.	A chance of showers over few places.
	Night	Showers over few places.	Showers over few places.	Showers over few places.	A chance of showers over few places.	Partly cloudy.
	Maximum Temperatures	32°C	32°C	33°C	33°C	33°C
	Minimum Temperatures	25°C	25°C	24°C	24°C	23°C

N.B: This forecast should be used in conjunction with the daily (24-hour) forecast issued by this Department. County specific forecasts are available from the offices of respective County Directors of Meteorological Services.

C. Maswi,
Duty Analyst

APPENDIX I: INTERPRETATION OF TERMS USED

<i>Term</i>	<i>Rainfall Amount (24 hrs.)</i>	<i>Description</i>
Light	< 5 mm	Gentle rain, drizzle.
Moderate	5–20 mm	Steady, noticeable rain.
Heavy	21–50 mm	Intense rain, possible thunder.
Very Heavy	> 50 mm	Prolonged rain.

<i>Term</i>	<i>Area Affected</i>	<i>Description</i>
Few places	< 33%	Rain in a small portion of the region.
Several places	33% to 66%	Rain in multiple but not most parts of the region.
Most places	> 66%	Rain in nearly all parts of the region.

<i>Term</i>	<i>Area Affected</i>	<i>Description</i>
Isolated	Less than 25%	Very few areas affected.
Scattered	25–50%	Several, but not most, areas affected.
Numerous	51–70%	Many areas affected.
Widespread	Over 70%	Almost all areas affected.

<i>Term</i>	<i>Time Coverage (%)</i>	<i>Meaning</i>
Occasional	Less than 25%	Happens rarely or a few times.
Intermittent	25% – 50%	Starts and stops, comes and goes.
Frequent	51% – 75%	Occurs regularly.
Very Frequent / Common	More than 75%	Happens almost all the time.

<i>Term</i>	<i>Probability of Occurrence</i>	<i>Description</i>
Possible	10–30%	There is low confidence.
Chance of/ May	31–50%	There is moderate confidence.
Likely	51–75%	The event is more probable than not.
Expected	76–90%	There is high confidence.
Very Likely	91–99%	There is very high confidence. Almost certain.
Certain	100%	The event is guaranteed to occur.

FIVE-DAY FORECAST

Follow us on X and IG: x.com/MeteoKenya and Facebook: fb.com/KenyaMeteorologicalDepartment