



REPUBLIC OF KENYA
MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY
STATE DEPARTMENT OF ENVIRONMENT AND CLIMATE CHANGE
KENYA METEOROLOGICAL DEPARTMENT
Dagoretti Corner, Ngong Road, P. O. Box 30259, 00100 GPO, Nairobi, Kenya
Telephone: 254 (0) 20 3867880-7, Fax: 254 (0) 20 3876955/3877373/3867888,
E-mail: director@meteo.go.ke, info@meteo.go.ke Website: <https://www.meteo.go.ke>

DAILY WEATHER FORECAST

Issued on 14th March 2026 at 3.00 P.M.

Validity: from 9.00 pm tonight to 9.00 pm tomorrow, 15th March 2026.

PART I: WEATHER OUTLOOK ACROSS THE COUNTRY

Sunny intervals expected over most parts of the country. Rainfall expected over parts of the Highlands East and West of the Rift Valley and the South-eastern lowlands. Strong southeasterly winds of above 25 knots (12.5m/s) expected over parts of Turkana and Marsabit counties.

HIGHLANDS WEST OF THE RIFT VALLEY, THE LAKE VICTORIA BASIN, AND THE RIFT VALLEY

(These counties include: KAKAMEGA, VIHIGA, BUSIA, BUNGOMA, KISUMU, KISII, NYAMIRA, MIGORI, SIAYA, HOMABAY, KERICHO, NANDI, BOMET, NAKURU, ELGEYO MARAKWET, WEST POKOT, BARINGO, UASIN GISHU, TRANS-NZOAIA, and NAROK).

Showers and thunderstorms expected over few places tonight. Mainly sunny intervals expected in the morning with rains over few places. Showers and thunderstorms expected over few places in the afternoon.

HIGHLANDS EAST OF THE RIFT VALLEY (INCLUDING NAIROBI COUNTY)

(These counties include: NYERI, MURANGA, KIRINYAGA, EMBU, MERU, KIAMBU, THARAKA NITHI, LAIKIPIA, NYANDARUA, and NAIROBI).

Showers and thunderstorms expected over few places tonight. Mainly sunny intervals with rains expected over few places in the morning. Showers and thunderstorms expected over few places in the afternoon.

NORTH WESTERN

(These counties include TURKANA and SAMBURU).

Showers and thunderstorms expected over few places tonight. Sunny intervals expected in the morning. Mainly sunny intervals expected in the afternoon with a chance of showers and thunderstorms over few places. Strong southeasterly winds of above 25 knots (12.5m/s) expected over Turkana County.

NORTH EASTERN

(These counties include MARSABIT, GARISSA, MANDERA, WAJIR, and ISIOLO).

Partly cloudy conditions expected tonight. Cloudy conditions with rains expected over few places in the morning breaking into sunny intervals. Sunny intervals expected in the afternoon. Strong southeasterly winds of above 25 knots (12.5m/s) expected over Marsabit County.

SOUTH EASTERN LOWLANDS

(These counties include: MACHAKOS, MAKUENI, KITUI, TAITA TAVETA, and KAJIADO).

Showers and thunderstorms expected over few places tonight. Cloudy conditions with rains expected over few places in the morning breaking into sunny intervals. Showers expected over few places in the afternoon.

COAST

(These counties include: KWALE, MOMBASA, KILIFI, LAMU, and TANA RIVER).

Partly cloudy conditions expected tonight. Showers expected over few places in the morning. Showers and thunderstorms expected over few places in the afternoon.

PART II: KENYA CITIES WEATHER FORECAST, SUNSET & SUNRISE

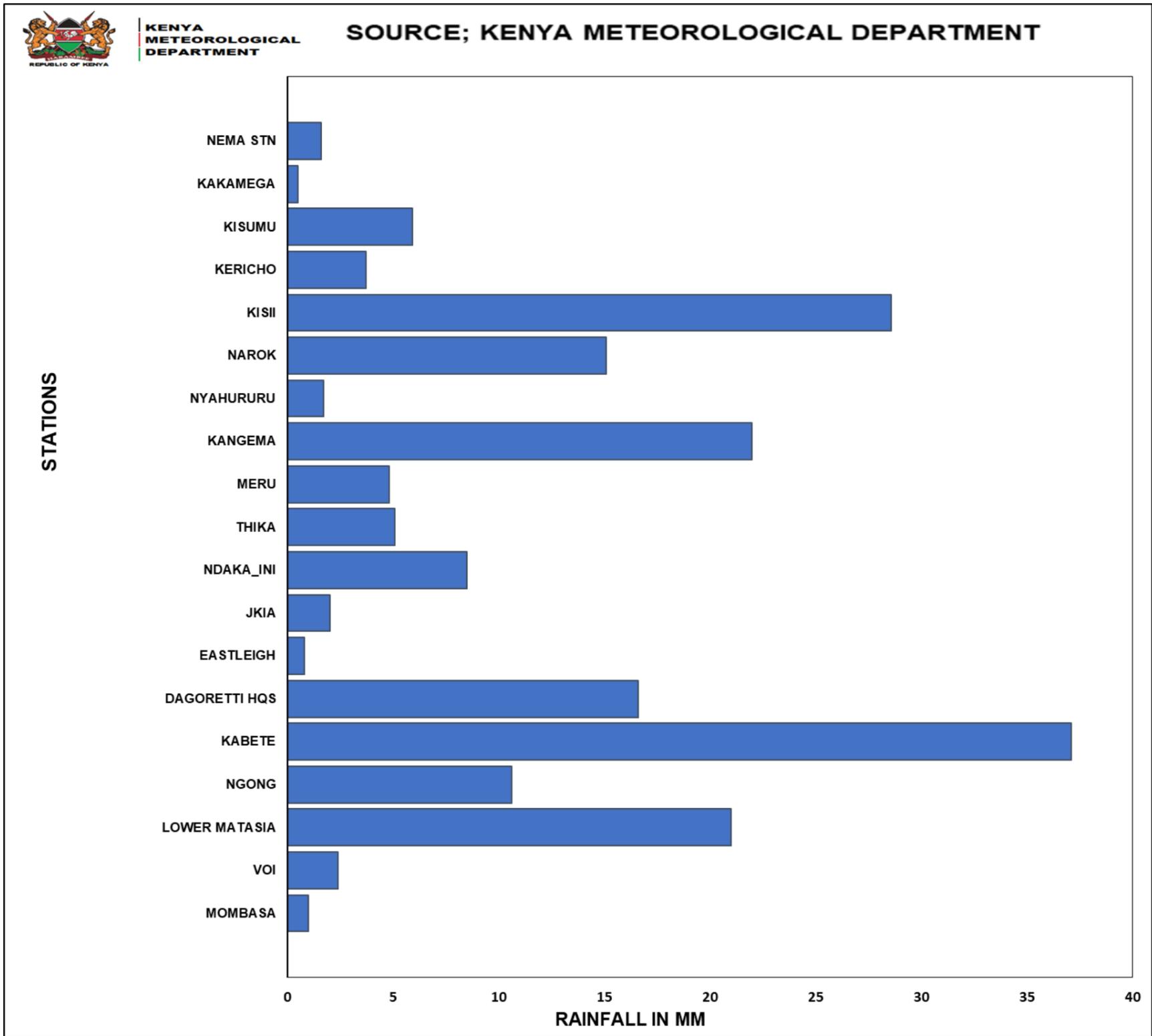
(i) Maximum & Minimum Temperatures and Weather Forecast for Kenyan Cities.

| Town | Max | Min | Morning | Afternoon & Evening |
|----------|-----|-----|--------------------------------|--------------------------------|
| Lodwar | 37 | 25 | Sunny Intervals | Cloudy, Sunny intervals |
| Marsabit | 27 | 18 | Cloudy, Sunny intervals | Sunny intervals |
| Moyale | 33 | 21 | Cloudy, Sunny intervals | Sunny intervals |
| Garissa | 37 | 25 | Cloudy, Sunny intervals | Sunny intervals |
| Wajir | 38 | 25 | Cloudy, Sunny intervals | Sunny intervals |
| Mandera | 38 | 26 | Sunny intervals | Sunny intervals |
| Kisii | 27 | 15 | Sunny intervals | Showers & Thunderstorms |
| Kericho | 26 | 13 | Sunny intervals | Sunny intervals, Showers |
| Kisumu | 30 | 19 | Sunny intervals | Sunny intervals |
| Kakamega | 31 | 16 | Sunny intervals | Sunny intervals |
| Narok | 26 | 14 | Cloudy, Sunny intervals | Showers & Thunderstorms |
| Nakuru | 28 | 13 | Sunny intervals | Sunny intervals |
| Kitale | 28 | 13 | Sunny intervals | Showers & Thunderstorms |
| Eldoret | 26 | 13 | Sunny intervals | Sunny intervals |
| Nyeri | 25 | 14 | Sunny intervals | Showers & Thunderstorms |
| Meru | 27 | 14 | Sunny intervals | Sunny intervals |
| Embu | 29 | 15 | Sunny intervals | Sunny intervals |
| Nairobi | 27 | 16 | Sunny intervals | Sunny intervals, Light Showers |
| Machakos | 27 | 15 | Cloudy, Sunny intervals | Sunny intervals |
| Makindu | 29 | 19 | Cloudy, Sunny intervals | Sunny intervals |
| Kitui | 29 | 18 | Cloudy, Sunny intervals | Sunny intervals |
| Voi | 31 | 20 | Cloudy, Sunny intervals | Sunny intervals |
| Malindi | 32 | 26 | Cloudy, Sunny intervals | Sunny intervals |
| Mombasa | 33 | 26 | Light Showers, Sunny intervals | Cloudy, Sunny intervals |
| Lamu | 32 | 27 | Sunny intervals, Cloudy | Sunny intervals |

(i) Sunrise and Sunset

| | Mombasa | Nairobi | Nakuru | Kisumu | Eldoret |
|---------|---------|---------|--------|--------|---------|
| Sunrise | 06:26 | 06:38 | 06:41 | 06:46 | 06:44 |
| Sunset | 18:34 | 18:45 | 18:47 | 18:53 | 18:50 |

PART III: RAINFALL REPORTED FROM 9.00 AM 13TH MARCH TO 9.00 AM 14TH MARCH 2026



Limo,
Duty Forecaster,
Kenya Meteorological Department.