



**REPUBLIC OF KENYA**  
**MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY**  
**State Department for Environment & Climate Change**  
**KENYA METEOROLOGICAL DEPARTMENT**  
Dagoretti Corner, Ngong Road, P. O. Box 30259, 00100 GPO, Nairobi, Kenya  
**Telephone:** 254 (0) 20 3867880-7, 0724 255 153/4  
**E-mail:** [director@meteo.go.ke](mailto:director@meteo.go.ke), [info@meteo.go.ke](mailto:info@meteo.go.ke) **Website:** <https://www.meteo.go.ke>

**DAILY FORECAST FOR THE NEXT FIVE DAYS**  
**VALIDITY: 1<sup>ST</sup> TO 5<sup>TH</sup> MAY 2026**  
**FORECAST ISSUED ON: 30<sup>TH</sup> APRIL 2026**

**SUMMARY:**

- Rainfall is expected to continue in several parts of the country most notably the Highlands East and West of the Rift Valley, the Rift Valley, the Coast and Northeastern Kenya. Heavy rainfall events are likely to occur in some parts of these regions.

REGION	Time and Temperature	FRIDAY 1 MAY 2026	SATURDAY 2 MAY 2026	SUNDAY 3 MAY 2026	MONDAY 4 MAY 2026	TUESDAY 5 MAY 2026
<b>The Highlands West of the Rift Valley, the Lake Victoria Basin, and the Rift Valley</b> ( <i>Siaya, Kisumu, Homabay, Migori, Kisii, Nyamira, Trans Nzoia, Baringo, Uasin Gishu, Elgeyo Marakwet, Nandi, Nakuru, Narok, Kericho, Bomet, Kakamega, Vihiga, Bungoma, Busia and West Pokot Counties</i> )	<i>Morning</i>	Rains over few places.	Rains over few places.	Rains over few places.	Sunny intervals.	A chance of rains over few places.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.
	<i>Night</i>	Showers over several places.	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.
	<i>Maximum Temperatures</i>	27°C	27°C	27°C	27°C	28°C
	<i>Minimum Temperatures</i>	14°C	14°C	13°C	13°C	13°C

**FIVE-DAY FORECAST**

Follow us on X and IG: [x.com/MeteoKenya](https://x.com/MeteoKenya) and Facebook: [fb.com/KenyaMeteorologicalDepartment](https://fb.com/KenyaMeteorologicalDepartment)

REGION	Time and Temperature	FRIDAY 1 MAY 2026	SATURDAY 2 MAY 2026	SUNDAY 3 MAY 2026	MONDAY 4 MAY 2026	TUESDAY 5 MAY 2026
<b>North-western</b> (Turkana and Samburu Counties)	<i>Morning</i>	Rains over few places.	A chance of rains over few places.	Rains over few places.	Sunny intervals.	Sunny intervals.
	<i>Afternoon</i>	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	A chance of showers over few places.	A chance of showers over few places.	A chance of showers over few places.
	<i>Night</i>	Showers over few places.	Showers over few places.	A chance of showers over few places.	Partly cloudy.	A chance of showers over few places.
	<i>Maximum Temperatures</i>	34°C	35°C	34°C	35°C	36°C
	<i>Minimum Temperatures</i>	11°C	14°C	14°C	14°C	12°C
<b>Highlands East of the Rift Valley</b> (Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang'a, Kiambu, Meru, Embu, Tharaka Nithi and Nairobi Counties)	<i>Morning</i>	Rains over few places.	A chance of rains over few places.	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.
	<i>Night</i>	Showers over few places.	A chance of showers over few places.	A chance of showers over few places.	A chance of showers over few places.	Showers over few places.
	<i>Maximum Temperatures</i>	28°C	29°C	28°C	29°C	27°C
	<i>Minimum Temperatures</i>	09°C	12°C	12°C	12°C	11°C
<b>North-eastern</b> (Marsabit, Mandera, Wajir, Garissa and Isiolo Counties)	<i>Morning</i>	Rains over few places.	Rains over few places.	Rains over few places.	Rains over few places.	Sunny intervals.
	<i>Afternoon</i>	Showers and thunderstorms over few places.	A chance of showers over few places.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Showers over few places.	Showers over few places.	A chance of showers over few places.	A chance of showers over few places.	Partly cloudy.
	<i>Maximum Temperatures</i>	36°C	35°C	36°C	35°C	35°C

**FIVE-DAY FORECAST**

Follow us on X and IG: [x.com/MeteoKenya](https://x.com/MeteoKenya) and Facebook: [fb.com/KenyaMeteorologicalDepartment](https://fb.com/KenyaMeteorologicalDepartment)

REGION	Time and Temperature	FRIDAY 1 MAY 2026	SATURDAY 2 MAY 2026	SUNDAY 3 MAY 2026	MONDAY 4 MAY 2026	TUESDAY 5 MAY 2026
	Minimum Temperatures	18°C	17°C	16°C	18°C	16°C
<b>South-eastern lowlands</b> ( <i>Kitui, Makueni, Machakos, Kajiado and Taita Taveta Counties as well as inland parts of Tana River County</i> )	Morning	Rains over few places.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Afternoon	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Sunny intervals.	Showers and thunderstorms over few places.
	Night	Showers over few places.	A chance of showers over few places.	Partly cloudy.	A chance of showers over few places.	Partly cloudy.
	Maximum Temperatures	34°C	34°C	32°C	33°C	31°C
	Minimum Temperatures	16°C	15°C	16°C	16°C	16°C
<b>Coast</b> ( <i>Mombasa, Kilifi, Lamu and Kwale Counties as well as the Tana Delta</i> )	Morning	Showers over few places.	Showers over few places.	Showers over several places.	Showers over few places.	A chance of showers over few places.
	Afternoon	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.
	Night	Showers over few places.	Showers over few places.	Showers over few places.	A chance of showers over few places.	Partly cloudy.
	Maximum Temperatures	34°C	34°C	33°C	32°C	33°C
	Minimum Temperatures	23°C	25°C	24°C	24°C	23°C

**N.B:** This forecast should be used in conjunction with the daily (24-hour) forecast issued by this Department. County specific forecasts are available from the offices of respective County Directors of Meteorological Services.

J. Gacheru  
Duty Analyst

**FIVE-DAY FORECAST**

Follow us on X and IG: [x.com/MeteoKenya](https://x.com/MeteoKenya) and Facebook: [fb.com/KenyaMeteorologicalDepartment](https://fb.com/KenyaMeteorologicalDepartment)

## APPENDIX I: INTERPRETATION OF TERMS USED

Term	Rainfall Amount (24 hrs.)	Description
Light	< 5 mm	Gentle rain, drizzle.
Moderate	5–20 mm	Steady, noticeable rain.
Heavy	21–50 mm	Intense rain, possible thunder.
Very Heavy	> 50 mm	Prolonged rain, high intensity.

Term	Area Affected	Description
Few places	< 33%	Rain in a small portion of the region.
Several places	33% to 66%	Rain in multiple but not most parts of the region.
Most places	> 66%	Rain in nearly all parts of the region.

Term	Area Affected	Description
Isolated	Less than 25%	Very few areas affected.
Scattered	25–50%	Several, but not most, areas affected.
Numerous	51–70%	Many areas affected.
Widespread	Over 70%	Almost all areas affected.

Term	Time Coverage (%)	Meaning
Occasional	Less than 25%	Happens rarely or a few times.
Intermittent	25% – 50%	Starts and stops, comes and goes.
Frequent	51% – 75%	Occurs regularly.
Very Frequent / Common	More than 75%	Happens almost all the time.

Term	Probability of Occurrence	Description
Possible	10–30%	There is low confidence.
Chance of/ May	31–50%	There is moderate confidence.
Likely	51–75%	The event is more probable than not.
Expected	76–90%	There is high confidence.
Very Likely	91–99%	There is very high confidence. Almost certain.
Certain	100%	The event is guaranteed to occur.

---

### FIVE-DAY FORECAST

Follow us on X and IG: [x.com/MeteoKenya](https://x.com/MeteoKenya) and Facebook: [fb.com/KenyaMeteorologicalDepartment](https://fb.com/KenyaMeteorologicalDepartment)