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Our Ref: MET/7/360

Date: 18th May 2026

WEEKLY WEATHER FORECAST FOR 19TH TO 25TH MAY 2026
&
REVIEW FOR 11TH TO 17TH MAY 2026

SUMMARY

Weather Forecast for 19th to 25th May 2026

- *Rainfall is expected to continue in the Highlands East and West of the Rift Valley, the Lake Victoria Basin, the South Rift Valley, the Coast and some parts of the Southeastern Lowlands and Northeastern Kenya.*

Weather Review for 11th to 17th May 2026

- *Rainfall was recorded in several parts of the country.*
- *The highest daytime (maximum) temperature was recorded in Northeastern Kenya.*
- *The lowest night-time (minimum) temperature was recorded in the Highlands East of the Rift Valley.*

1.0 WEATHER FORECAST FOR 19TH TO 25TH MAY 2026

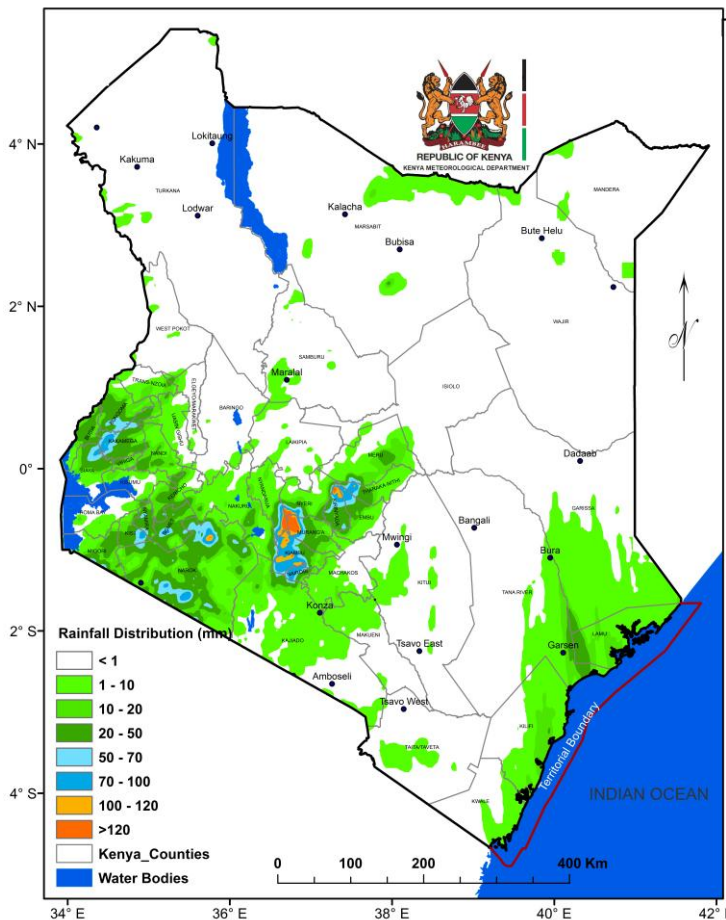


Figure 1: Forecasted Seven-Day Total Rainfall for 19th to 25th May 2026

Rainfall is expected to continue in the Highlands East and West of the Rift Valley, the Lake Victoria Basin, the South Rift Valley, the Coast and some parts of the Southeastern Lowlands and Northeastern Kenya (Figure 1).

Daytime (maximum) average temperatures of more than 30°C are expected in some parts of the Coast, the Southeastern Lowlands, Northeastern and Northwestern Kenya (Figure 2).

Night-time (minimum) average temperatures are expected to be less than 10°C in a few areas in the Highlands East of the Rift Valley, the Central Rift Valley and in the vicinity of Mt. Kilimanjaro (Figure 3).

WEEKLY FORECAST

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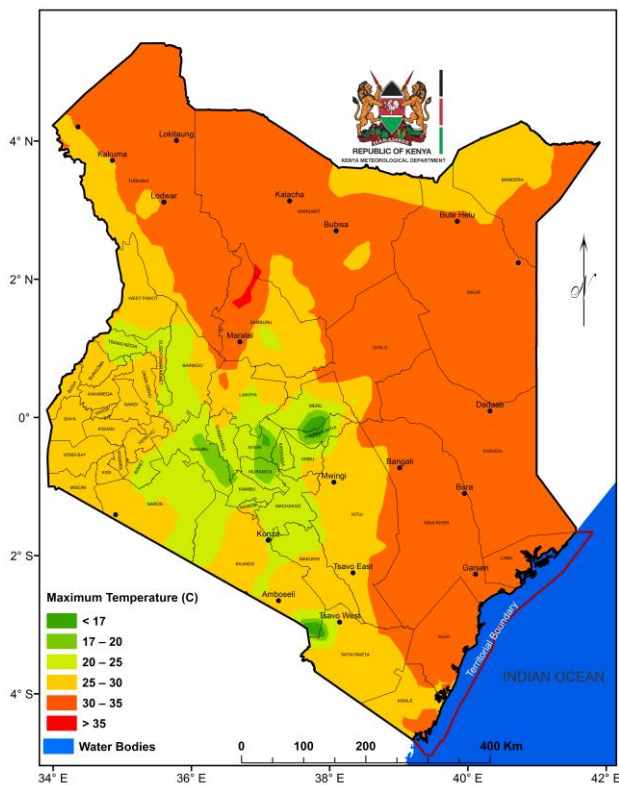


Figure 2: Forecasted Average Maximum Temperatures for 19th to 25th May 2026

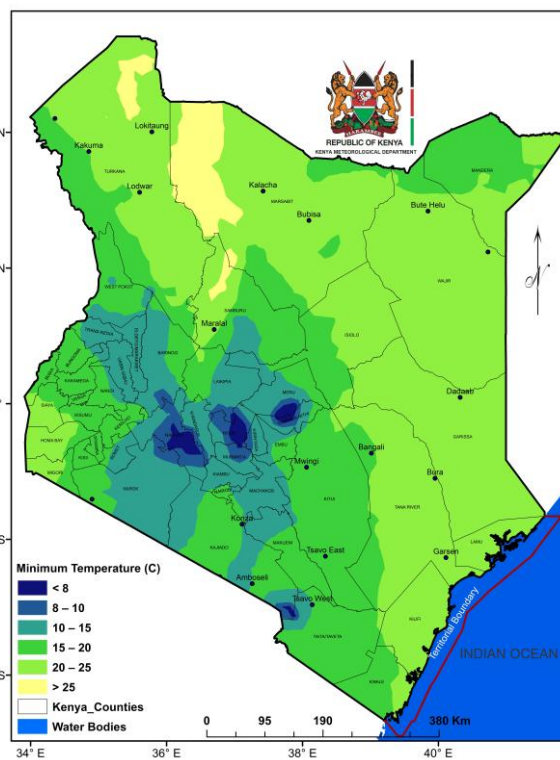


Figure 3: Forecasted Average Minimum Temperatures for 19th to 25th May 2026

1.1 DETAILED REGIONAL RAINFALL FORECAST FOR 19TH TO 25TH MAY 2026

1.1.1 *The Highlands West of the Rift Valley, the Lake Victoria Basin and the Rift Valley (Nandi, Kakamega, Vihiga, Bungoma, Siaya, Busia, Baringo, Nakuru, Trans-Nzoia, Uasin-Gishu, Elgeyo-Marakwet, West-Pokot, Kisii, Nyamira, Kericho, Bomet, Kisumu, Homabay, Migori and Narok Counties):*

Sunny intervals are expected in the mornings though rains may occur over few places. Afternoon showers and thunderstorms are expected over few places occasionally spreading to several places. Nights are likely to be partly cloudy, but showers may occur over few places.

1.1.2 *North-western Kenya (Turkana and Samburu Counties):*

Sunny intervals are expected during the day, with partly cloudy conditions at night. However, morning rains may occur over few places.

1.1.3 *The Highlands East of the Rift Valley (Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang'a, Kiambu, Meru, Embu, Tharaka-Nithi and Nairobi Counties):*

Mornings are likely to be cloudy breaking into sunny intervals. Afternoon showers are expected over few places. Nights are likely to be partly cloudy, but showers may occur over few places.

1.1.4 *North-eastern Kenya (Marsabit, Mandera, Wajir, Garissa and Isiolo Counties):*

Sunny intervals are expected during the day, with partly cloudy conditions at night. However, morning rains may occur over few places.

1.1.5 *The South-eastern lowlands (Machakos, Kitui, Makueni, Kajiado and Taita-Taveta Counties as well as the inland parts of Tana-River County):*

Sunny intervals are expected during the day, with partly cloudy conditions at night. However, afternoon showers may occur over few places.

1.1.6 *The Coast (Mombasa, Kilifi, Lamu and Kwale Counties as well as the Tana Delta):*

Sunny intervals are expected during the day, with partly cloudy conditions at night. However, morning and night showers may occur over few places.

1.2 DETAILED TEMPERATURE FORECAST FOR 19TH TO 25TH MAY 2026

Expected maximum and minimum temperatures for selected cities and towns are shown in Table 1.

TABLE 1: FORECASTED MAXIMUM AND MINIMUM TEMPERATURES FOR SELECTED CITIES AND TOWNS								
CITY/TOWN	MAX (°C)	MIN (°C)	CITY/TOWN	MAX (°C)	MIN (°C)	CITY/TOWN	MAX (°C)	MIN (°C)
LODWAR	36.0	23.0	KISUMU	29.0	18.0	THIKA	29.0	16.0
MARSABIT	26.0	17.0	SUBA	30.0	18.0	MACHAKOS	26.0	14.0
MOYALE	29.0	19.0	NAKURU	26.0	13.0	MAKINDU	31.0	16.0
GARISSA	36.0	25.0	NAROK	25.0	14.0	KITUI	29.0	16.0
WAJIR	36.0	23.0	LAIKIPIA	27.0	11.0	VOI	36.0	21.0
MANDERA	38.0	22.0	NYAHURURU	24.0	08.0	LAMU	33.0	25.0
KITALE	27.0	13.0	KANGEMA	25.0	15.0	MALINDI	31.0	25.0
KAKAMEGA	29.0	15.0	NYERI	26.0	14.0	MSABAHA	32.0	25.0
ELDORET	24.0	11.0	EMBU	26.0	15.0	MTWAPA	31.0	23.0
KERICHO	24.0	10.0	MERU	25.0	14.0	MOMBASA	32.0	24.0
KISII	27.0	15.0	NAIROBI	27.0	12.0			

2.0 WEATHER REVIEW FOR 11TH TO 17TH MAY 2026

2.1 Rainfall Review

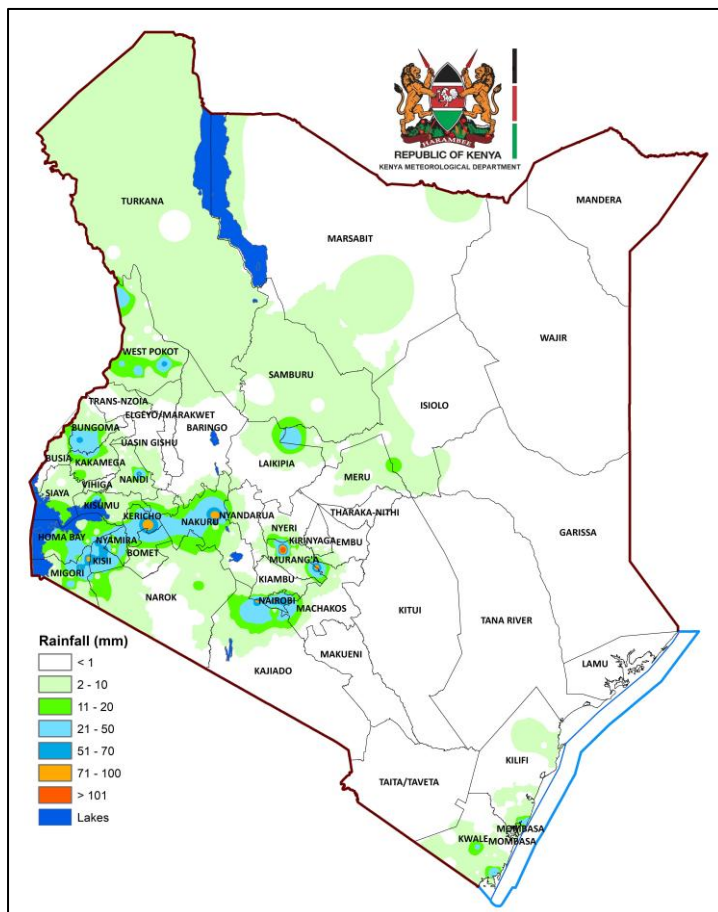


Figure 4: Observed Seven-Day Total Rainfall for 11th to 17th May 2026

Rainfall was recorded in several parts of the country (Figures 4 and 5). Heavy rainfall events occurred in a number of counties including Murang'a, Nairobi, Machakos, Nandi, Nakuru and Kericho.

The highest seven-day rainfall total (182.5 mm) was recorded at Kangema Meteorological Station in Murang'a County.

The same station recorded the highest amount of rainfall within 24-hours: 93.3mm on 11th May 2026.

Comparing the 4th to 10th and the 11th to 17th May 2026 review periods, it is noted that rainfall amounts increased in some parts of the Highlands East of the Rift Valley and decreased over much of the Lake Victoria Basin.

APPENDIX I: INTERPRETATION OF TERMS USED

Term	Rainfall Amount (24 hrs.)	Description
Light	< 5 mm	Gentle rain, drizzle.
Moderate	5–20 mm	Steady, noticeable rain.
Heavy	21–50 mm	Intense rain, possible thunder.
Very Heavy	> 50 mm	Prolonged rain, high intensity.

Term	Area Affected	Description
Few places	< 33%	Rain in a small portion of the region.
Several places	33% to 66%	Rain in multiple but not most parts of the region.
Most places	> 66%	Rain in nearly all parts of the region.

Term	Area Affected	Description
Isolated	Less than 25%	Very few areas affected.
Scattered	25–50%	Several, but not most, areas affected.
Numerous	51–70%	Many areas affected.
Widespread	Over 70%	Almost all areas affected.

Term	Time Coverage (%)	Meaning
Occasional	Less than 25%	Happens rarely or a few times.
Intermittent	25% – 50%	Starts and stops, comes and goes.
Frequent	51% – 75%	Occurs regularly.
Very Frequent / Common	More than 75%	Happens almost all the time.

Term	Probability of Occurrence	Description
Possible	10–30%	There is low confidence.
Chance of/ May	31–50%	There is moderate confidence.
Likely	51–75%	The event is more probable than not.
Expected	76–90%	There is high confidence.
Very Likely	91–99%	There is very high confidence. Almost certain.
Certain	100%	The event is guaranteed to occur.