REPUBLIC OF KENYA

MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY

STATE DEPARTMENT FOR ENVIRONMENT AND CLIMATE CHANGE

KENYA METEOROLOGICAL DEPARTMENT

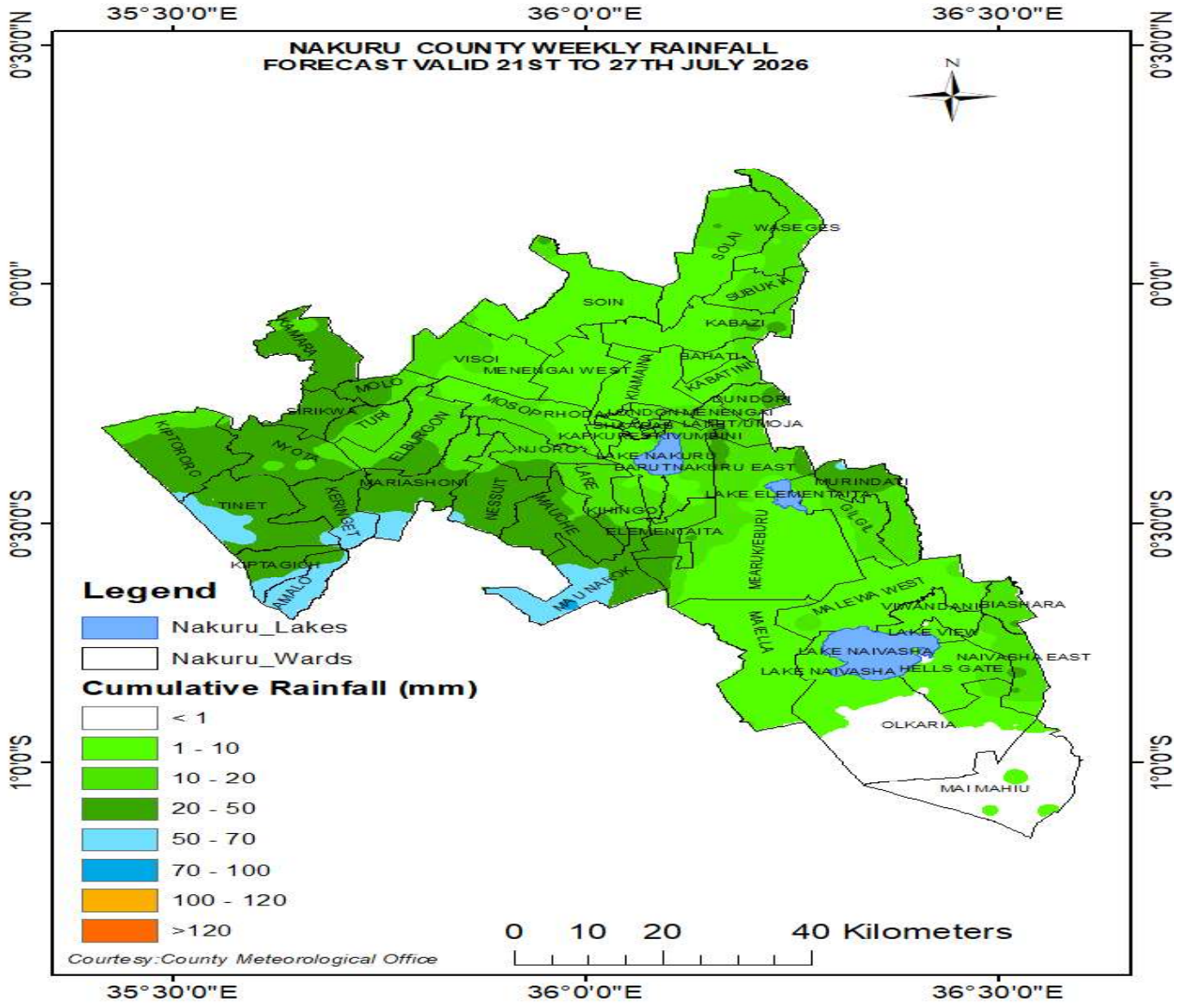
NAKURU COUNTY METEOROLOGICAL OFFICE

P. O. Box 1251-20100, Nakuru, Kenya. E-mail: cdmnakuru@meteo.go.ke

WEEKLY WEATHER FORECAST

Period of Forecast: Tuesday 21st to Monday 27th July 2026.

Date of issue: Monday 20th July 2026.



Nakuru County Detailed Forecast:

Table 1: Climatic zone: High Ground Areas_Above 2300 M above sea level (Mau-Narok, Molo, Kuresoi North and Kuresoi South)

Forecast	Tuesday 21/07/ 2026	Wednesday 22/07/ 2026	Thursday 23/07/ 2026	Friday 24/07/ 2026	Saturday 25/07/ 2026	Sunday 26/07/ 2026	Monday 27/07/ 2026
Morning hrs (Rains)							
Afternoon hrs (Showers)							
Night time (Showers)							
Rainfall / Showers Distribution (Few to Several Places)							
Maximum Temperature (Deg.Celcius)	20	20	19	19	20	20	20
Minimum Temperature (Deg.Celcius)	10	10	9	9	9	10	11
Possible Hazards	Thunder Storms	Thunder Storms	Thunder Storms	Thunder Storms	Thunder Storms	Thunder Storms	Thunder Storms

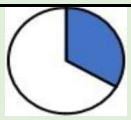
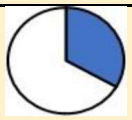
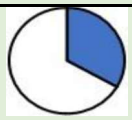
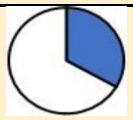
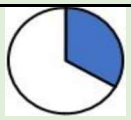
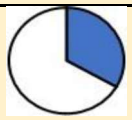
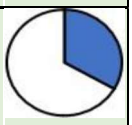
Key to rainfall/Showers distribution:

FEW- : Rain is likely to fall in few places (0% to less than 33%),

SEVERAL- : Rainfall is likely to fall in several places (33% to less than 66%),

MOST- : Rainfall is likely to fall in most places (More than 66%).

Table 2: Climatic zone: Medium Ground Areas _ 2000 – 2300 M above sea level (Subukia, Kabazi, Bahati, Njoro and Naivasha)

Forecast	Tuesday 21/07/ 2026	Wednesday 22/07/ 2026	Thursday `23/07/ 2026	Friday 24/07/ 2026	Saturday 25/07/ 2026	Sunday 26/07/ 2026	Monday 27/07/ 2026
Morning hrs (Rains)							
Afternoon hrs (Showers)							
Night time (Showers)							
Rainfall / Showers Distribution (Few places)							
Maximum Temperature (Deg. Celcius)	21	21	21	21	21	21	20
Minimum Temperature (Deg. Celcius)	13	14	14	12	13	13	13
Possible Hazards	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely

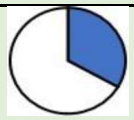
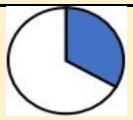
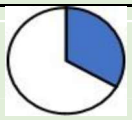
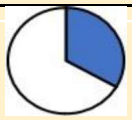
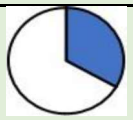
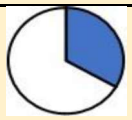
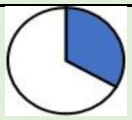
Key to rainfall/Showers distribution:

FEW- : Rain is likely to fall in few places (0% to less than 33%),

SEVERAL- : Rainfall is likely to fall in several places (33% to less than 66%),

MOST- : Rainfall is likely to fall in most places (More than 66%).

Table 3: Climatic zone: Low Ground Areas _ Below 2000 M above sea level (Solai, Rongai, Kabarak, Menengai, Nakuru City, Elementaita and Gilgil)

Forecast	Tuesday 21/07/ 2026	Wednesday 22/07/ 2026	Thursday 23/07/ 2026	Friday 24/07/ 2026	Saturday 25/07/ 2026	Sunday 26/07/ 2026	Monday 27/07/ 2026
Morning hrs (Rains)							
Afternoon hrs (Showers)							
Night time (Showers)							
Rainfall / Showers Distribution (Few Places)							
Maximum Temperature (Deg. Celcius)	20	20	20	21	21	20	20
Minimum Temperature (Deg. Celcius)	13	14	14	13	13	14	14
Possible Hazards	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely

Key to rainfall/Showers distribution:

FEW- : Rain is likely to fall in few places (0% to less than 33%),

SEVERAL- : Rainfall is likely to fall in several places (33% to less than 66%),

MOST- : Rainfall is likely to fall in most places (More than 66%).

Summary

- Figure1 above shows the weekly cummulative volume of rainfall amounts each region in Nakuru county is forecasted to receive from **Tuesday 21st to Monday 27th July 2026** (Refer to the Figure legend/key for details of forecasted amounts).
- Detailed forecast in the climatic zone tables 1-3 above indicates that every ward will receive some amount of rainfall during the forecast period. Parts of Kiptororo, Tinet, Kiptagich, Keringet, Amalo, Nyota, Keringet, Mariashoni, Sirikwa, Kamara, Turi, Molo, Elburgon, Nessuit, Njoro, Mauche, Mau Narok, Elementaita, Murindati and Dundori wards are projected to receive the highest cumulative weekly rainfall of between 20 and 50mm while some pockets within Tinet, Amalo, Keringet and Mariashoni may receive between 50 and 70mm. The rest of the wards will receive between 1 and 20mm of rainfall while some pockets within Olkaria and Mai Mahiu may receive less than 1mm of rainfall cumulatively.
- Overall, majority of the wards are projected to receive morning rains and afternoon and/or night showers over few to several places during the forecast period. Areas over large water bodies like lakes Nakuru and Naivasha and their environs (which includes the City and Naivasha town) may occasionally experience afternoon/evening showers over few to several places due to local climatological effects.

Commentary of county weather forecaster:

- Partly cloudy conditions with rains over few places in the morning hours.
- Showers over few to several places in the afternoon/evening hours.
- Partly cloudy nights with showers over few places expected during the forecast period.

Advice to farmers from the Ministry & Department of Agriculture:

Highly consider to always consult your local agricultural extension officer for advice on how to plan your farming activities in light of this forecast.

For more information about weather in Kenya, please visit:
http://www.meteo.go.ke/

Julius L. Kilemba
County Director of Meteorological Services, Nakuru.
Mobile: +254 723 670 505, +254 786 670 505
Email: jkilemba@yahoo.com, jkilemba123@gmail.com