REPUBLIC OF KENYA

MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY

STATE DEPARTMENT FOR ENVIRONMENT AND CLIMATE CHANGE

KENYA METEOROLOGICAL DEPARTMENT

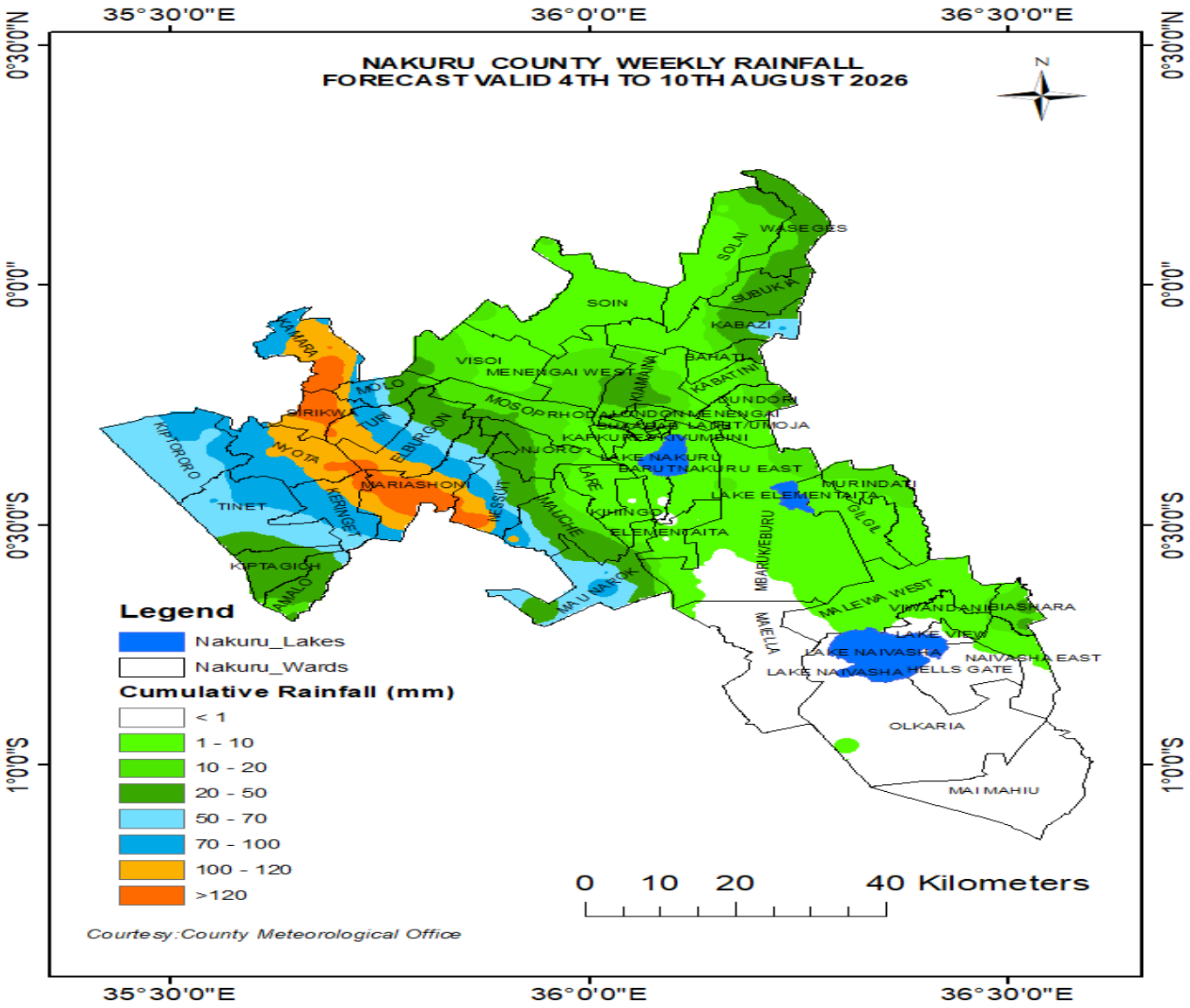
NAKURU COUNTY METEOROLOGICAL OFFICE

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WEEKLY WEATHER FORECAST

Period of Forecast: Tuesday 4th to Monday 10th Aug 2026.

Date of issue: Monday 3rd August 2026.



Nakuru County Detailed Forecast:

Table 1: Climatic zone: High Ground Areas_Above 2300 M above sea level (Mau-Narok, Molo, Kuresoi North and Kuresoi South)

Forecast	Tuesday 04/08/ 2026	Wednesday 05/08/ 2026	Thursday 06/08/ 2026	Friday 07/08/ 2026	Saturday 08/08/ 2026	Sunday 09/08/ 2026	Monday 10/08/ 2026
Morning hrs (Rains)							
Afternoon hrs (Showers)							
Night time (Showers)							
Rainfall / Showers Distribution (Few to Several Places)							
Maximum Temperature (Deg.Celcius)	19	19	19	19	19	20	20
Minimum Temperature (Deg.Celcius)	9	10	9	9	9	10	10
Possible Hazards	Thunder Storms	Thunder Storms	Thunder Storms	Thunder Storms	Thunder Storms	Thunder Storms	Thunder Storms

Key to rainfall/Showers distribution:

FEW- : Rain is likely to fall in few places (0% to less than 33%),

SEVERAL- : Rainfall is likely to fall in several places (33% to less than 66%),

MOST- : Rainfall is likely to fall in most places (More than 66%).

Table 2: Climatic zone: Medium Ground Areas _ 2000 – 2300 M above sea level (Subukia, Kabazi, Bahati, Njoro and Naivasha)

Forecast	Tuesday 04/08/ 2026	Wednesday 05/08/ 2026	Thursday 06/08/ 2026	Friday 07/08/ 2026	Saturday 08/08/ 2026	Sunday 09/08/ 2026	Monday 10/08/ 2026
Morning hrs (Rains)							
Afternoon hrs (Showers)							
Night time (Showers)							
Rainfall / Showers Distribution (Few places)							
Maximum Temperature (Deg. Celcius)	20	21	22	22	21	22	21
Minimum Temperature (Deg. Celcius)	13	14	13	12	12	13	13
Possible Hazards	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely

Key to rainfall/Showers distribution:

FEW- : Rain is likely to fall in few places (0% to less than 33%),

SEVERAL- : Rainfall is likely to fall in several places (33% to less than 66%),

MOST- : Rainfall is likely to fall in most places (More than 66%).

Table 3: Climatic zone: Low Ground Areas _ Below 2000 M above sea level (Solai, Rongai, Kabarak, Menengai, Nakuru City, Elementaita and Gilgil)

Forecast	Tuesday 04/08/ 2026	Wednesday 05/08/ 2026	Thursday 06/08/ 2026	Friday 07/08/ 2026	Saturday 08/08/ 2026	Sunday 09/08/ 2026	Monday 10/08/ 2026
Morning hrs (Rains)							
Afternoon hrs (Showers)							
Night time (Showers)							
Rainfall / Showers Distribution (Few Places)							
Maximum Temperature (Deg. Celcius)	20	20	21	21	21	21	20
Minimum Temperature (Deg. Celcius)	13	13	13	14	13	14	13
Possible Hazards	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely

Key to rainfall/Showers distribution:

FEW- : Rain is likely to fall in few places (0% to less than 33%),

SEVERAL- : Rainfall is likely to fall in several places (33% to less than 66%),

MOST- : Rainfall is likely to fall in most places (More than 66%).

Summary

Figure1 above shows the weekly cummulative volume of rainfall amounts each region in Nakuru county is forecasted to receive from **Tuesday 4th to Monday 10th August 2026** (Refer to the Figure legend/key for details of forecasted amounts).

- Detailed forecast in the climatic zone tables 1-3 above indicates that parts of Kiptororo, Tinet, Kiptagich, Amalo, Nyota, Keringet, Mariashoni, Sirikwa, Kamara, Turi, Molo, Elburgon, Nessuit, Mauche, Mau Narok and Kabazi wards are projected to receive the highest cumulative weekly rainfall of between 50 and 120mm while some pockets within Nyota, Sirikwa, Kamara, Mariashoni and Nessuit wards may receive over 120mm cumulatively. The rest of the wards will receive between 1 and 50mm of rainfall while some pockets within Olkaria, Hells gate, Naivasha east, Maiella, Mbaruk/Eburru and Mai Mahiu wards may receive less than 1mm of rainfall cumulatively.
- Overall, majority of the wards are projected to receive morning rains and afternoon and/or night showers over few to several places during the forecast period. Areas over large water bodies like lakes Nakuru and Naivasha and their environs (which includes the City and Naivasha town) may occasionally experience afternoon/evening showers over few to several places due to local climatological effects.

Commentary of county weather forecaster:

- Partly cloudy conditions with rains over few places in the morning hours.
- Showers over few to several places in the afternoon/evening hours.
- Partly cloudy nights with showers over few places expected during the forecast period.

Advice to farmers from the Ministry & Department of Agriculture:

Highly consider to always consult your local agricultural extension officer for advice on how to plan your farming activities in light of this forecast.

For more information about weather in Kenya, please visit:
http://www.meteo.go.ke/



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