



REPUBLIC OF KENYA
MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY
KENYA METEOROLOGICAL DEPARTMENT
Dagoretti Corner, Ngong Road, P. O. Box 30259, 00100 GPO, Nairobi, Kenya
Telephone: 254 (0) 20 3867880-7, **Fax:** 254 (0) 20 3876955/3877373/3867888,
e-mail: director@meteo.go.ke, info@meteo.go.ke **Website:** <http://www.meteo.go.ke>

REF.NO: KMD/FCST/08-2026/MARINE/34

Date: Issued on 22nd August, 2026

7-Day Marine Forecast for the Kenya Coast and Off Shore Areas
Along the Western Indian Ocean Region
Validity: 23/08/2026 - 29/08/2026

1.0 GENERAL OUTLOOK

1.1 Wind Speed & Direction:

Southerly-South-Easterly to South-South-Westerly winds are expected over Somalia waters with wind speeds of 10 to 28 knots (5-14m/s) throughout the forecast period.

Easterly-North-Easterly to South-South-Westerly winds are expected over Kenya and Tanzania waters with wind speeds of 04 to 20 knots (02-10m/s) throughout the forecast period.

1.2 Sig. Wave Height and Direction:

Easterly to South-South-Westerly waves are expected over Kenya, Tanzania and Somalia waters with wave heights of 0.25-2.5m ($\approx$ 0.75–7.5 ft) throughout the forecast period.

1.3 Sea condition

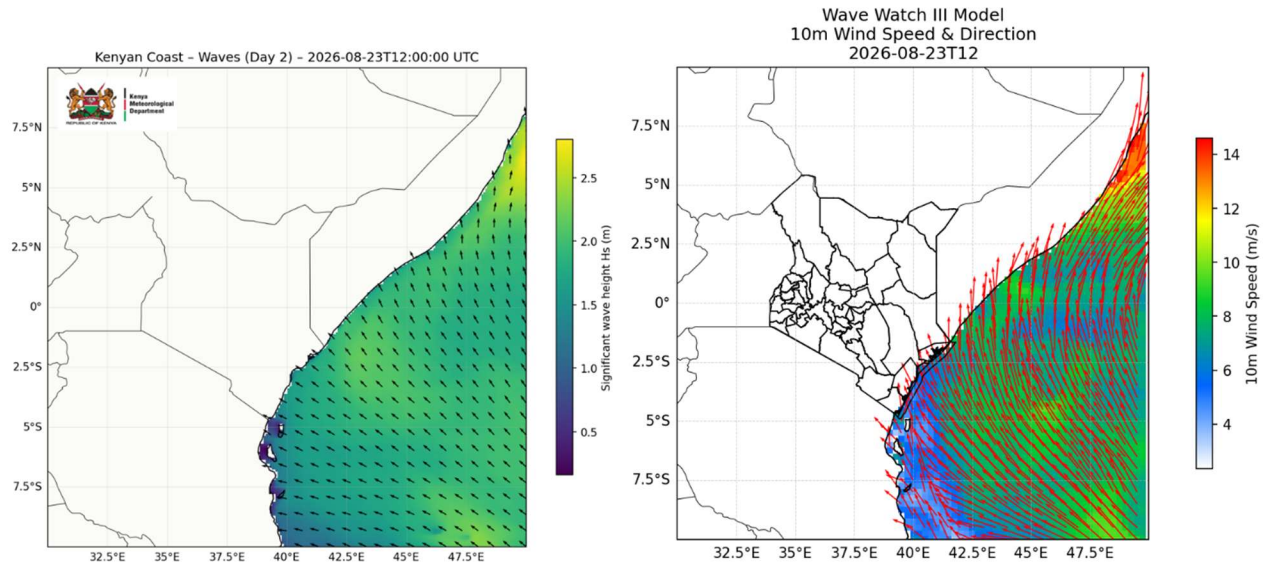
- Light to fresh breeze with wind speeds of 02–10m/s (04 to 20 Knots) expected over Kenya, Tanzania waters throughout the forecast period.
- Gentle breeze to strong breeze with wind speeds of 05–14m/s (10 to 28 Knots) expected over Somalia waters throughout the forecast period
- Slight to Moderate Sea condition with wave heights of 0.25-2.5m ($\approx$ 0.75–7.5 ft) expected over Kenya, Tanzania and Somalia waters throughout the forecast period.

2.0 WINDS AND SIGNIFICANT WAVE HEIGHTS FORECAST FOR THE PERIOD 23RD AUGUST, 2026 TO 29TH AUGUST, 2026.

2.1 Sunday 23rd August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 2.5m ($\approx 1.5 - 7.5$ ft)

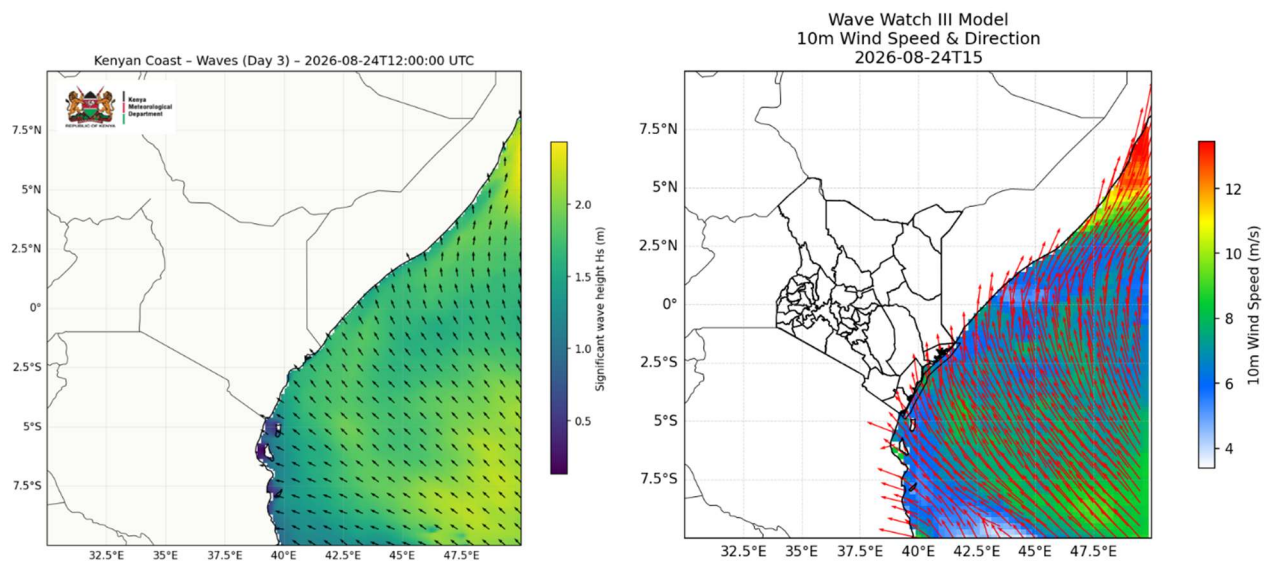
10m Winds: 08-28 knots ($\approx 4 - 14$ m/s)



2.2 Monday 24th August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

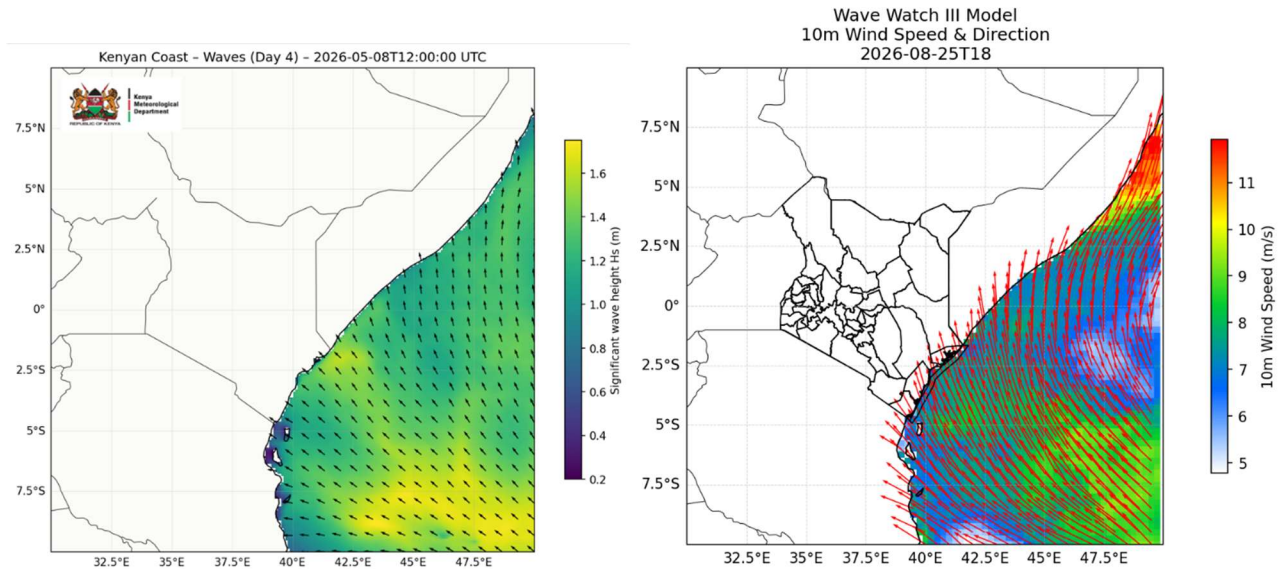
Wave height: 0.5m to 2.5m ($\approx 1.5 - 7.5$ ft)

10m Winds: 06-24 knots ($\approx 3 - 12$ m/s)



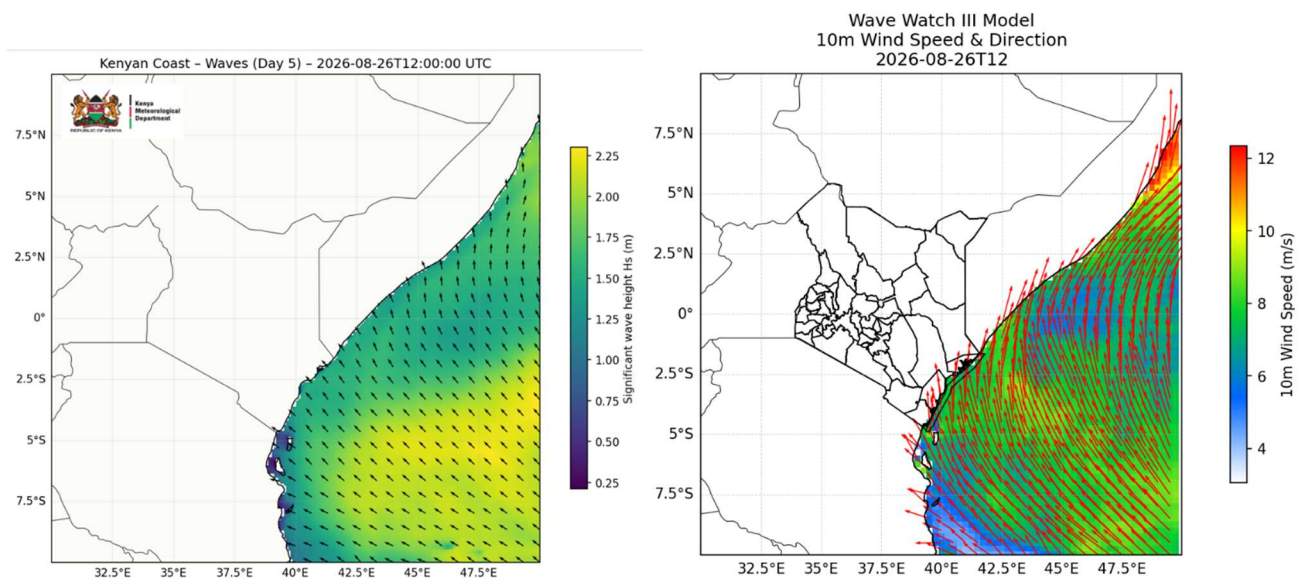
2.3 Tuesday 25th August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 2.5m ($\approx$ 1.5– 7.5ft) 10m Winds: 08-24 knots ($\approx$ 4– 12 m/s)



2.4 Wednesday 26th August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

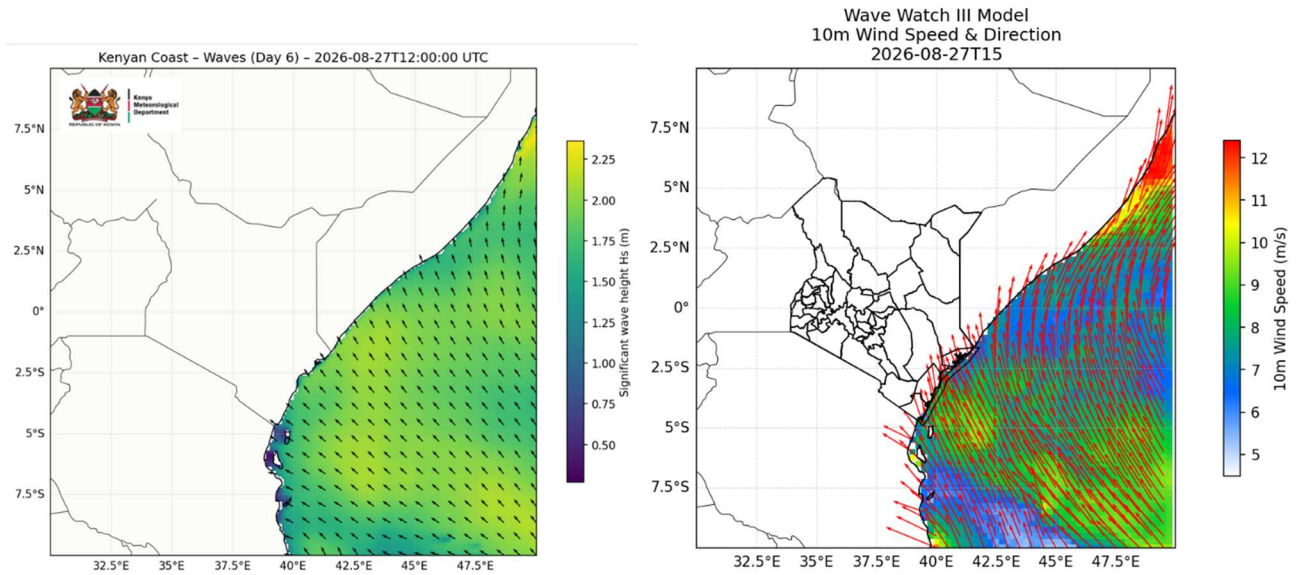
Wave height: 0.5 m to 2.5m ($\approx$ 1.5– 7.5ft) 10m Winds: 08-26 knots ($\approx$ 4– 13m/s)



2.5 Thursday 27th August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.4 m to 2.5 m (≈ 1.2 – 7.5 ft)

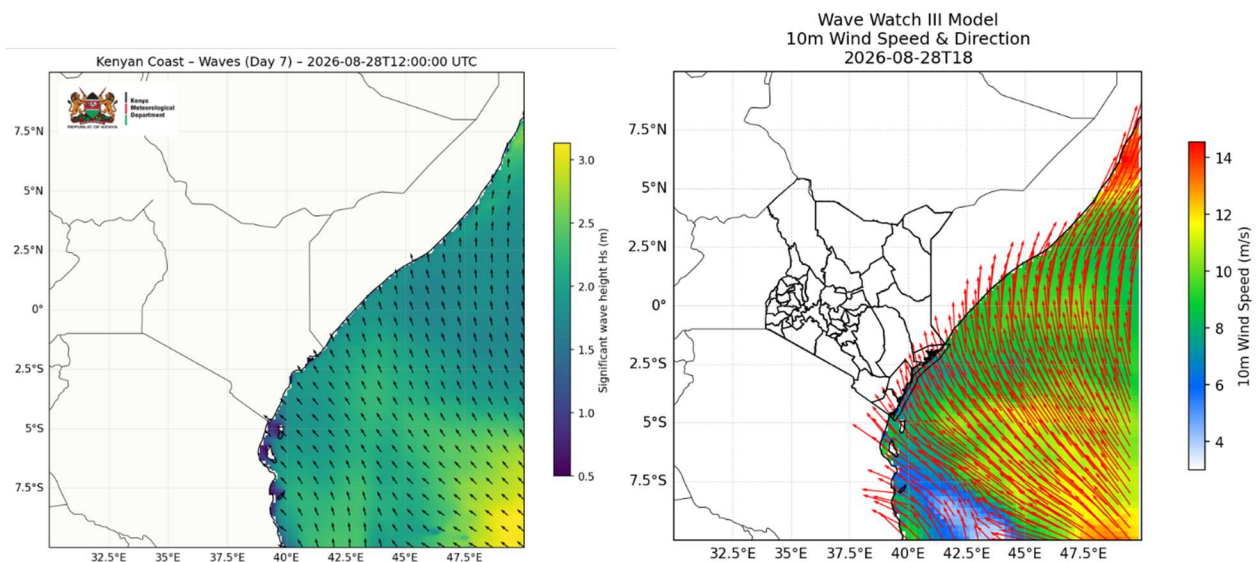
10m Winds: 08-24 knots (≈ 4 – 12 m/s)



2.6 Friday 28th August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

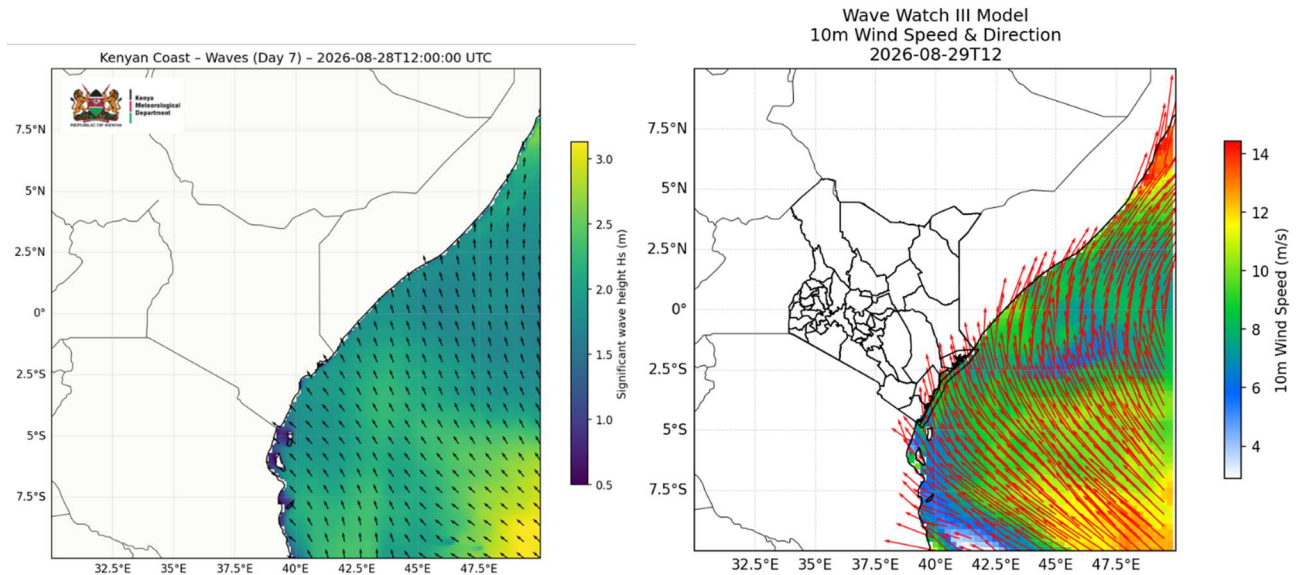
Wave height: 0.4 m to 2.5m (≈ 1.2 – 7.5 ft)

10m Winds: 08-24 knots (≈ 4 – 12 m/s)



2.7 Saturday 29th August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.25 m to 2.2m ($\approx$ 0.675– 6.6 ft) 10m Winds: 04-28 knots ($\approx$ 2 –14m/s)

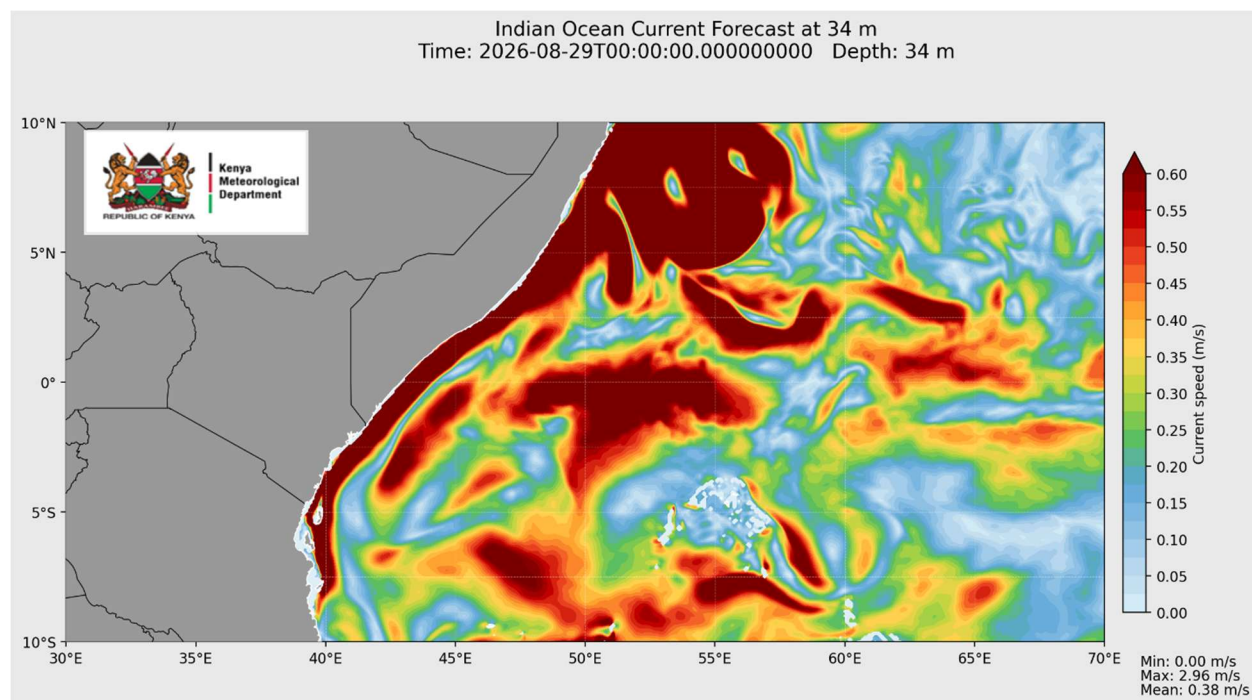


3.0 TIDE FORECAST VALID FROM 23RD AUGUST, 2026 TO 29TH AUGUST, 2026.

Date	Description	High Tide		Low Tide	
		Time	Height	Time	Height
Sun 23 rd August, 2026	1 st Tide	1:00 AM	1:89 m	6:18 AM	1.52 m
	2 nd Tide	1:24 PM	2:46 m	8:21 PM	1.25 m
Mon 24 th August, 2026	1 st Tide	2:27 AM	2:12 m	7:56 AM	1.35 m
	2 nd Tide	2:27 PM	2:68 m	9:02 PM	0.99 m
Tue 25 th August, 2026	1 st Tide	3:07 AM	2:38 m	8:48 AM	1.11 m
	2 nd Tide	3:07 PM	2:92 m	9:32 PM	0.75 m
Wed 26 th August, 2026	1 st Tide	3:28 AM	2:65 m	9:25 AM	0.87 m
	2 nd Tide	3:40 PM	3:13 m	9:59 PM	0.53 m

Thur 27th August, 2026	1st Tide	4:05 AM	2:90 m	9:58 AM	0.64 m
	2nd Tide	4:10 PM	3:39 m	10:25 PM	0.36 m
Fri 28th August, 2026	1st Tide	4:32 AM	3:13 m	10:28 AM	0.45 m
	2nd Tide	4:39 PM	3:42 m	10:49 PM	0.23 m
Sat 29th August, 2026	1st Tide	4:59 AM	3:32 m	10:58 AM	0.31 m
	2nd Tide	5:08 PM	3:47 m	11:14 PM	0.16 m

4.0 7 DAYS OCEAN SURFACE CURRENT IN METERS PER SECONDS (M/S) FORECAST VALID 23//08/2026 TO 29/08/2026



KEY ON SEA STATE

WAVE HEIGHT RANGE (Meters)	DESCRIPTION	IMPACT
0.6 – 1.0 m ($\approx$ 1.8 – 3.0 ft)	Slight	Conditions suitable for Marine activities
1.0 – 1.9 m ($\approx$ 3.0 – 5.7 ft)	Slight – Moderate	
2.0 – 2.9 m ($\approx$ 6.0 – 8.7 ft)	Moderate-Rough	Caution on operating marine activities
3.0 – 4.0 m ($\approx$ 9.0 – 12.0 ft)	Rough	Warning in place!!!! Warning in place and marine activities on hold
4.1 – 5.5 m ($\approx$ 12.3 – 16.5 ft)	Very Rough	

KEY ON SEA STATE

WIND	RANGE	DESCRIPTIONS	IMPACT
	< 1 – 7 Knots	Calm to light breeze	1 – 6 knots, the Ocean is relatively calm with very little disturbance. Suitable for Marine operations
	7 – 21 Knots	Gentle breeze to fresh breeze	7 – 17 knots, small boats are likely to be filled with water sprays and become unstable. Caution in carrying out marine activities
	22 – $\geq$ 34 Knots	Strong breeze to extremely strong breeze	More than 21 knots, the ocean state is very much disturbed and the prevailing conditions are dangerous for marine operations. Warning in place!!!!

N.B: This forecast should be used in conjunction with the daily marine forecast issued by this Department.

In concurrence with outputs from relevant marine data platforms, acknowledgement is fully accorded to: ESSO- Indian National Centre for Ocean Information Services (INCOIS), mercator-ocean.fr, COPERNICUS Marine Environment Monitoring Service (CMEMS) and other related sources.

Dr Okello and Mr. Muriithi

Duty Analysts

Marine Forecasting Services

For

DIRECTOR,

KENYA METEOROLOGICAL DEPARTMENT