



REPUBLIC OF KENYA
MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY
KENYA METEOROLOGICAL DEPARTMENT
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REF.NO: KMD/FCST/08-2026/MARINE/35

Date: Issued on 29th August, 2026

**7-Day Marine Forecast for the Kenya Coast and Off Shore Areas
Along the Western Indian Ocean Region
Validity: 30/08/2026 - 05/09/2026**

1.0 GENERAL OUTLOOK

1.1 Wind Speed & Direction:

Southely to South-Westerly winds are expected over Somalia waters with wind speeds of 12 to 28 knots (06-14 m/s) throughout the forecast period.

South-Easterly to Southerly winds are expected over Kenya and Tanzania waters with wind speeds of 04 to 21 knots (02-10.5 m/s) throughout the forecast period.

1.2 Sig. Wave Height and Direction:

Easterly to Southerly waves are expected over Kenya, Tanzania waters with wave heights of 0.5-2.5 m ($\approx$ 0.75–7.5 ft) throughout the forecast period.

South-Easterly to South westerly waves are expected over Somalia waters, with wave height of 1.0-3.0 m ($\approx$ 3.0 - 9.0 ft), throughout the forecast period.

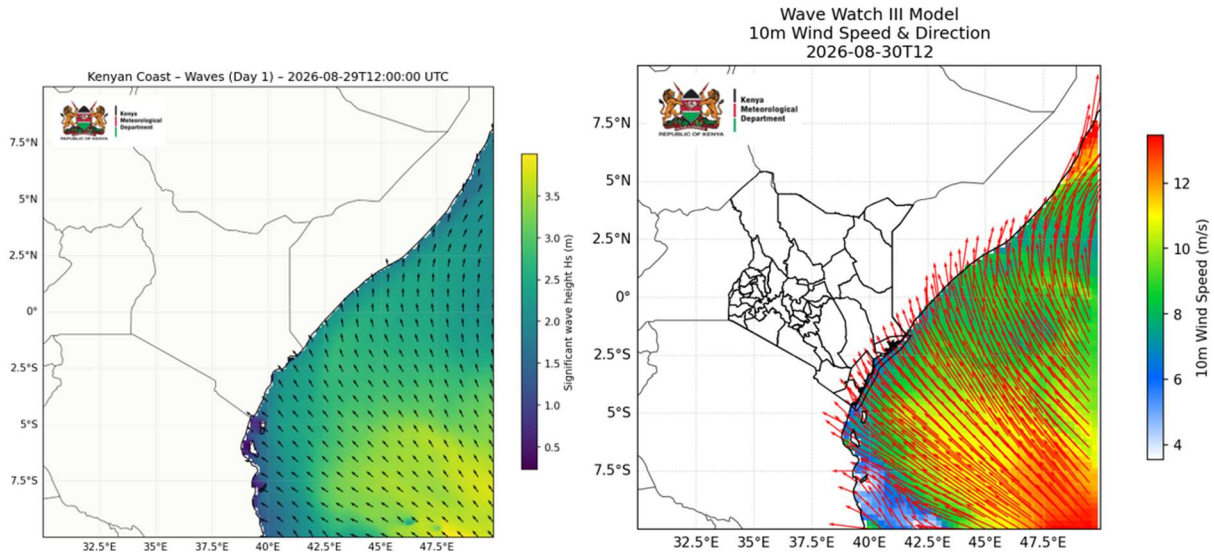
1.3 Sea condition

- Light to fresh breeze with wind speeds of 02–10.5m/s (04 to 21 Knots) expected over Kenya, Tanzania waters throughout the forecast period. **Caution in carrying out marine activities.**
- Gentle breeze to strong breeze with wind speeds of 06–14m/s (12 to 28 Knots) expected over Somalia waters throughout the forecast period
- Slight to Moderate Sea condition with wave heights of 0.5-2.5m ($\approx$ 0.75–7.5 ft) expected over Kenya, Tanzania and Somalia waters throughout the forecast period. **Caution in carrying out marine activities.**

2.0 WINDS AND SIGNIFICANT WAVE HEIGHTS FORECAST FOR THE PERIOD 30TH AUGUST, 2026 TO 05TH SEPTEMBER, 2026.

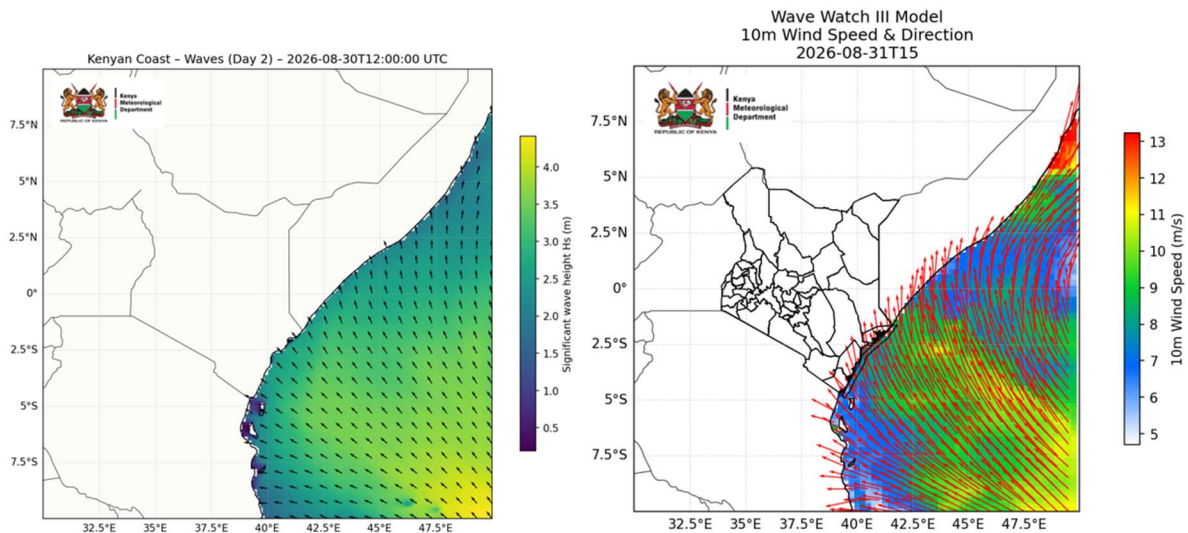
2.1 Sunday 30th August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5m to 2.5m ($\approx 1.5 - 7.5$ ft) 10m Winds: 08-28 knots ($\approx 4 - 14$ m/s)



2.2 Monday 31st August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

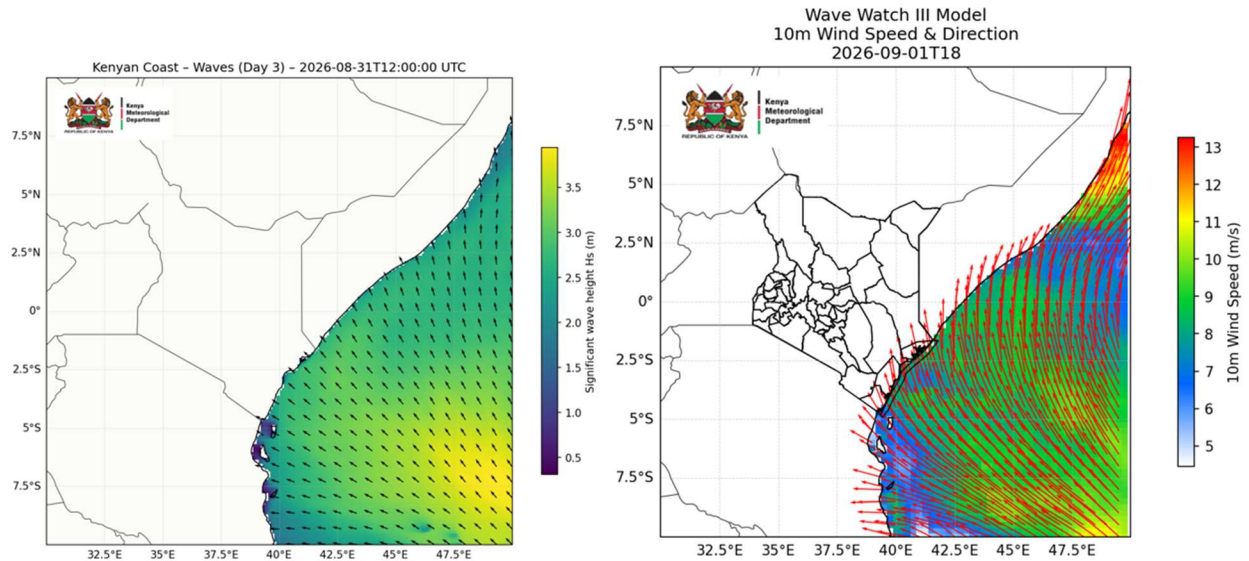
Wave height: 0.5 m to 2.5m ($\approx 1.5 - 7.5$ ft) 10m Winds: 10-26 knots ($\approx 5 - 13$ m/s)



2.3 Tuesday 01st August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 2.5m (≈ 1.5 – 7.5ft)

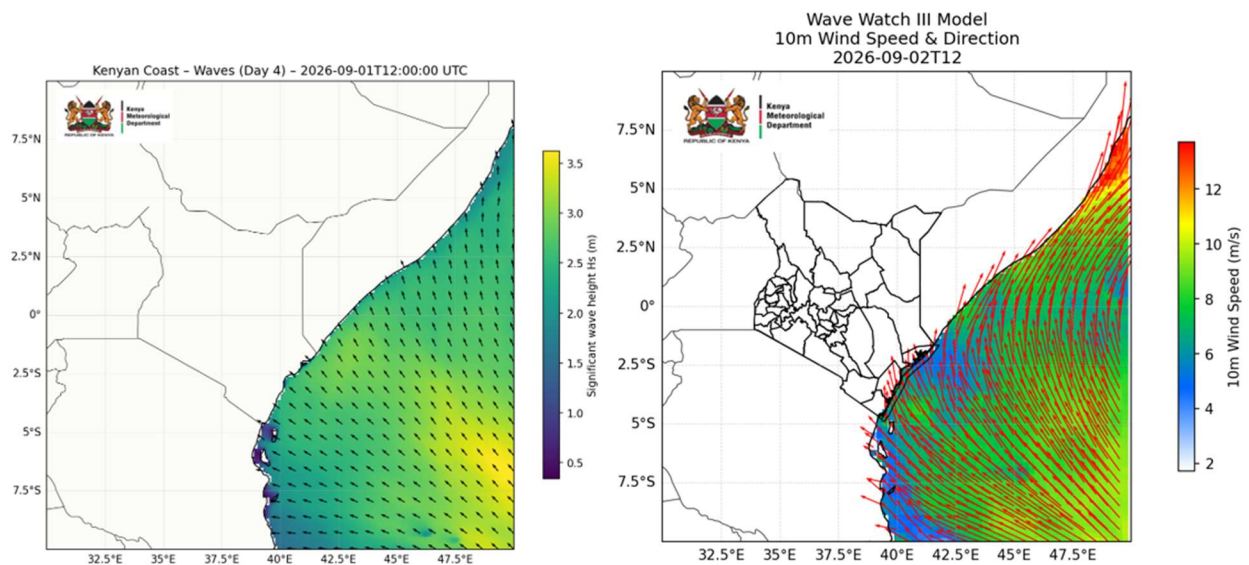
10m Winds: 10-26 knots (≈ 5 – 13m/s)



2.4 Wednesday 02nd August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.4 m to 2.5 m (≈ 1.2 –7.5ft)

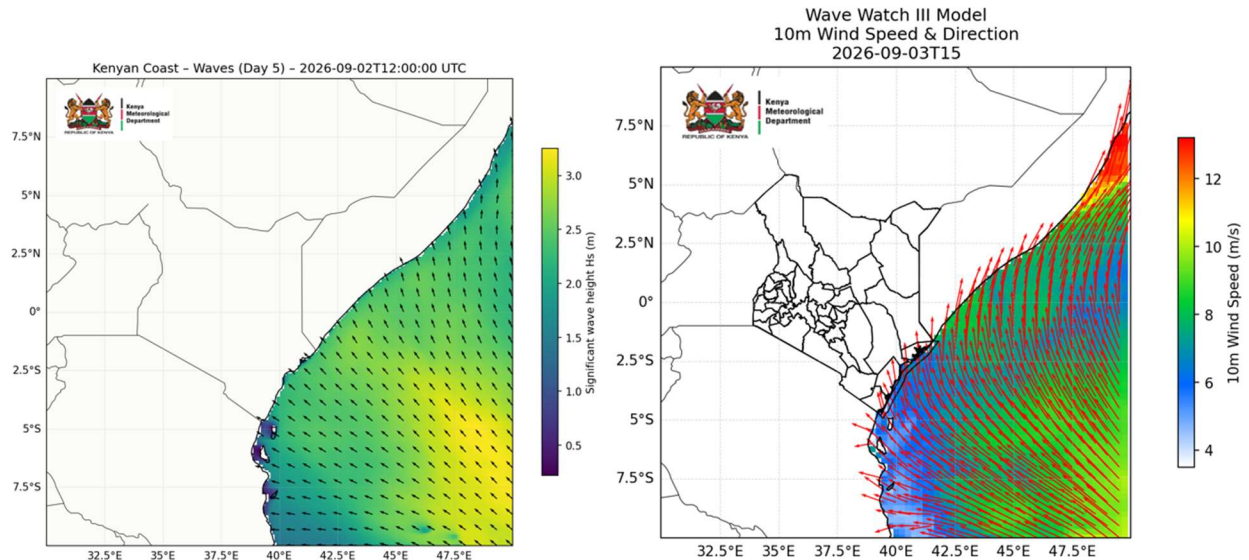
10m Winds: 04-26 knots (≈ 2 – 12m/s)



2.5 Thursday 03rd August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 3.0m ($\approx$ 1.5–9.0ft)

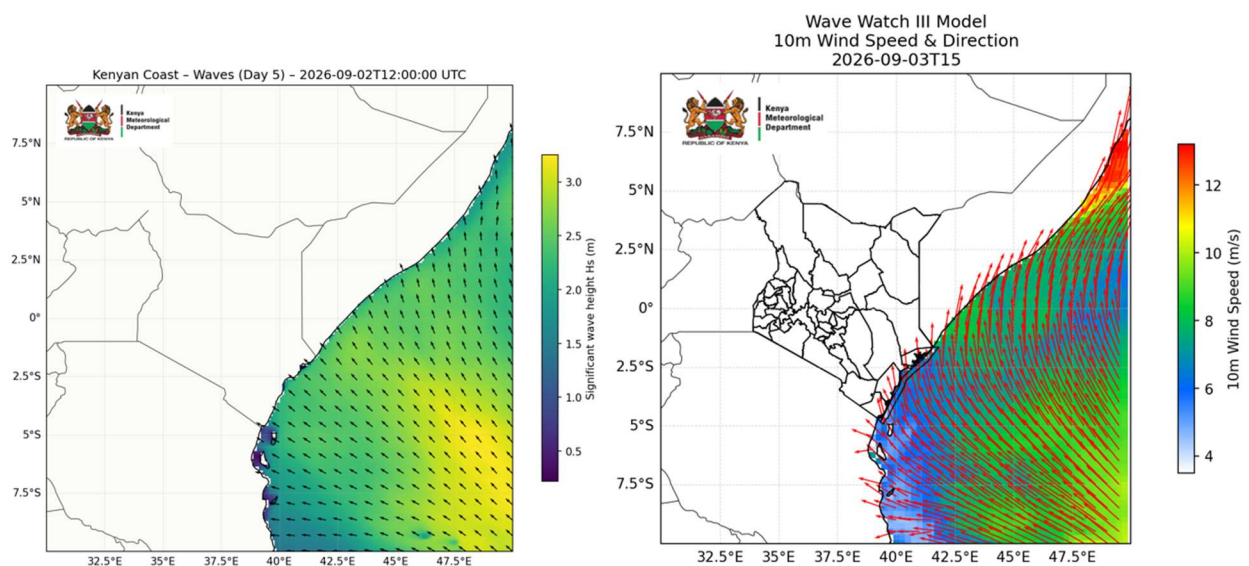
10m Winds: 08-24 knots ($\approx$ 4– 13m/s)



2.6 Friday 04th August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 3.0 m ($\approx$ 1.5– 9.0 ft)

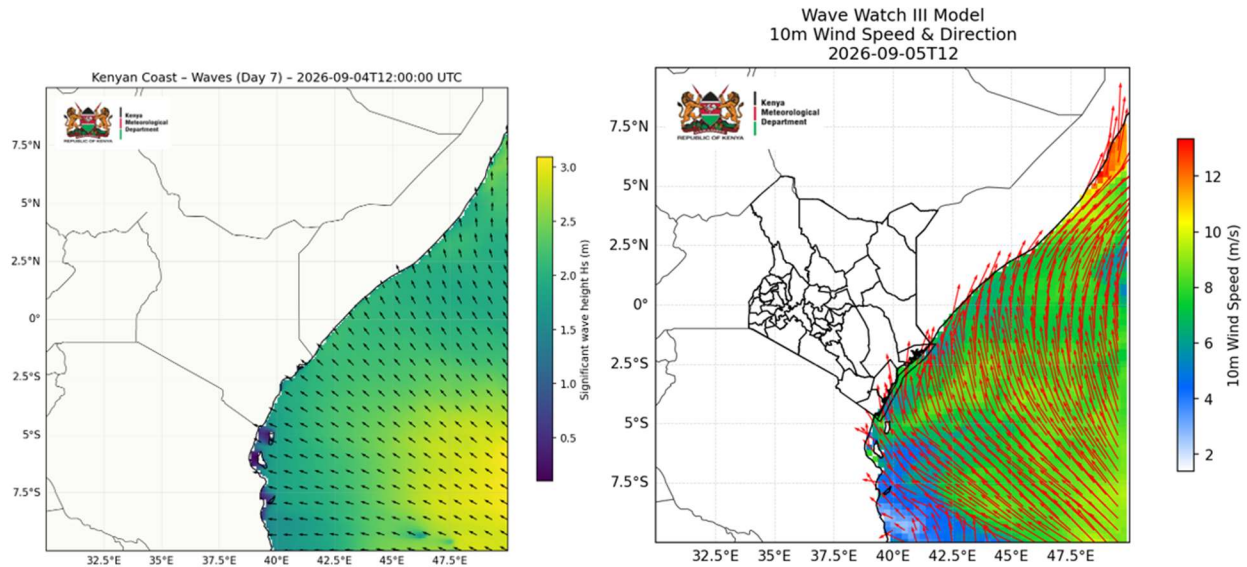
10m Winds: 10-26 knots ($\approx$ 05 –13m/s)



2.7 Saturday 05th August, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 2.5m ($\approx$ 1.5– 7.5ft)

10m Winds: 04-26 knots ($\approx$ 2– 13m/s)

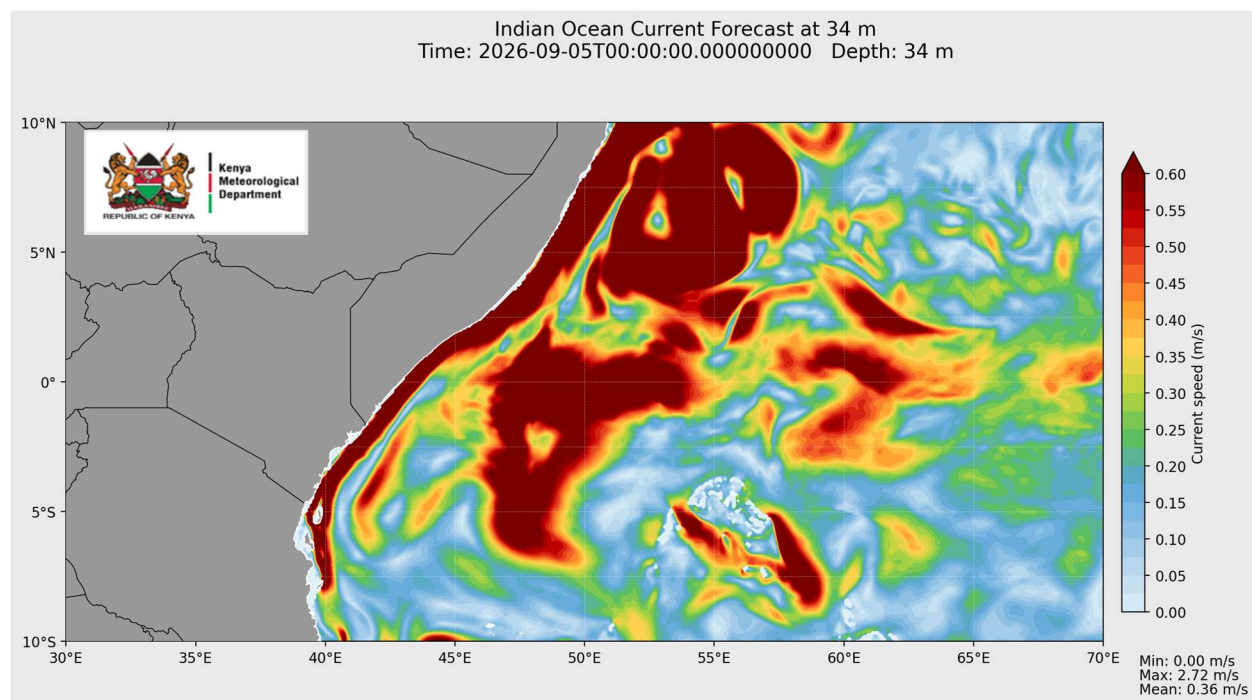


3.0 TIDE FORECAST VALID FROM 30TH AUGUST, 2026 TO 05TH SEPTEMBER, 2026.

Date	Description	High Tide		Low Tide	
		Time	Height	Time	Height
Sun 30 th August, 2026	1 st Tide	5:27 AM	3:46 m	11:28 AM	0.23 m
	2 nd Tide	5:38 PM	3:45 m	11:40 PM	0.15 m
Mon 31 st August, 2026	1 st Tide	5:56 AM	3:54 m		
	2 nd Tide	6:08 PM	3:34 m	12:00 PM	0.22 m
Tue 01 st September, 2026	1 st Tide	6:26 AM	3:54 m	00:07 AM	0.2 m
	2 nd Tide	6:41 PM	3:16 m	12:33 PM	0.3 m
Wed 02 nd September, 2026	1 st Tide	7:00 AM	3:45 m	00:36 AM	0.32 m
	2 nd Tide	7:15 PM	2.9 m	1:10 PM	0.47 m

Thu 03rd September, 2026	1st Tide	7:58 AM	3:28 m	1:08 AM	0.51 m
	2nd Tide	7:54 PM	2.6 m	1:53 PM	0.72 m
Fri 04th September, 2026	1st Tide	8:25 AM	3:04 m	1:45 AM	0.75 m
	2nd Tide	8:57 PM	2.27 m	2:50 PM	1:01 m
Sat 05th September, 2026	1st Tide	9:34 AM	2.77 m	2:35 AM	1.04 m
	2nd Tide	10:26 PM	2.01 m	4:24 PM	1:26 m

4.0 7 DAYS OCEAN SURFACE CURRENT IN METERS PER SECONDS (M/S) FORECAST VALID 30//08/2026 TO 05/09/2026



KEY ON SEA STATE

WAVE HEIGHT RANGE (Meters)	DESCRIPTION	IMPACT
0.6 – 1.0 m ($\approx$ 1.8 – 3.0 ft)	Slight	Conditions suitable for Marine activities
1.0 – 1.9 m ($\approx$ 3.0 – 5.7 ft)	Slight – Moderate	
2.0 – 2.9 m ($\approx$ 6.0 – 8.7 ft)	Moderate-Rough	Caution on operating marine activities
3.0 – 4.0 m ($\approx$ 9.0 – 12.0 ft)	Rough	Warning in place!!!! Warning in place and marine activities on hold
4.1 – 5.5 m ($\approx$ 12.3 – 16.5 ft)	Very Rough	

KEY ON SEA STATE

WIND	RANGE	DESCRIPTIONS	IMPACT
	< 1 – 7 Knots	Calm to light breeze	1 – 6 knots, the Ocean is relatively calm with very little disturbance. Suitable for Marine operations
	7 – 21 Knots	Gentle breeze to fresh breeze	7 – 17 knots, small boats are likely to be filled with water sprays and become unstable. Caution in carrying out marine activities
	22 – $\geq$34 Knots	Strong breeze to extremely strong breeze	More than 21 knots, the ocean state is very much disturbed and the prevailing conditions are dangerous for marine operations. Warning in place!!!!

***N.B:** This forecast should be used in conjunction with the daily marine forecast issued by this Department.*

In concurrence with outputs from relevant marine data platforms, acknowledgement is fully accorded to: ESSO- Indian National Centre for Ocean Information Services (INCOIS), mercator-ocean.fr, COPERNICUS Marine Environment Monitoring Service (CMEMS) and other related sources.

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Duty Analysts

Marine Forecasting Services

For

DIRECTOR,

KENYA METEOROLOGICAL DEPARTMENT