REPUBLIC OF KENYA

MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY

STATE DEPARTMENT FOR ENVIRONMENT AND CLIMATE CHANGE

KENYA METEOROLOGICAL DEPARTMENT

NAKURU COUNTY METEOROLOGICAL OFFICE

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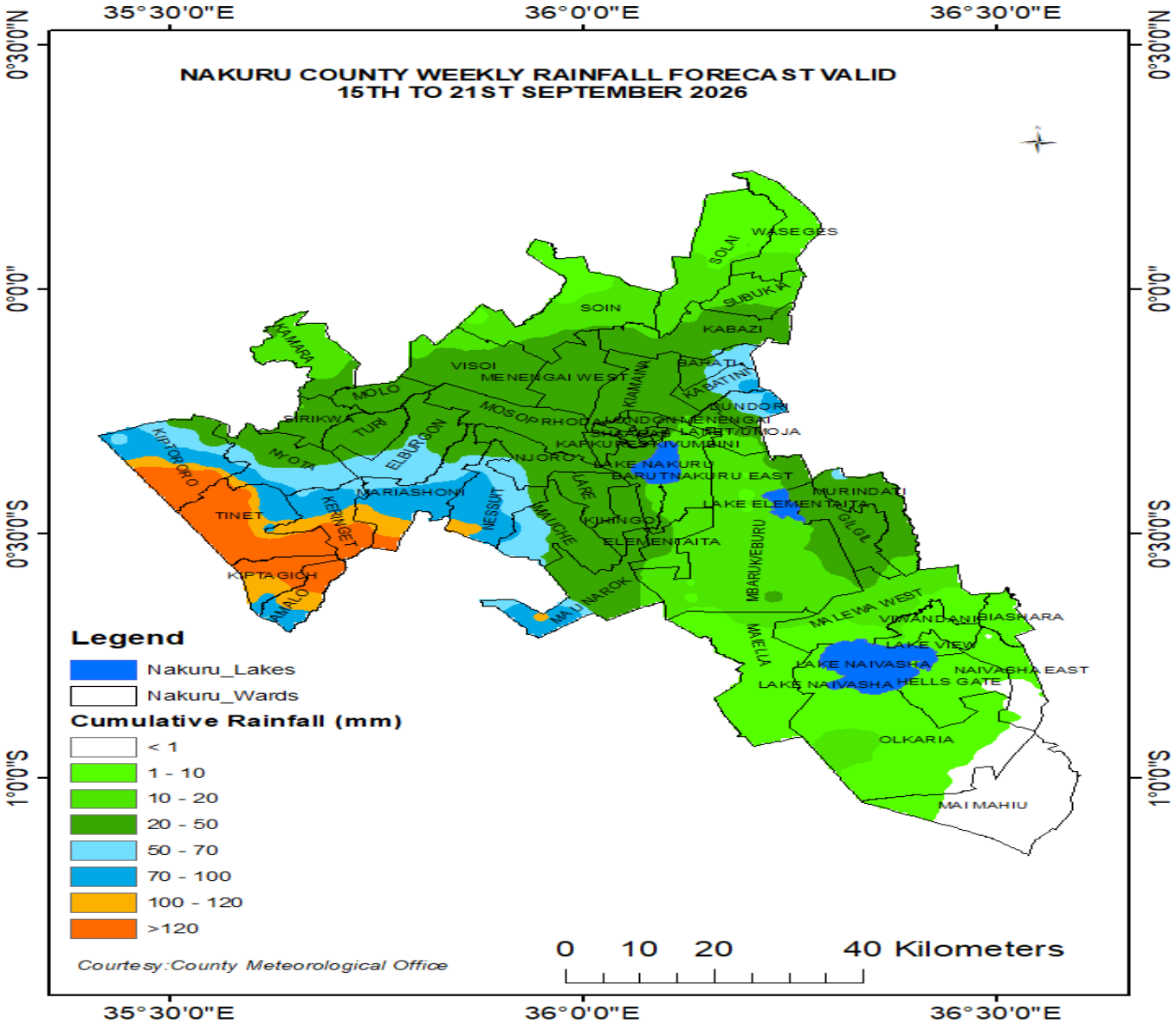
WEEKLY WEATHER FORECAST

Period of Forecast: Tuesday 15th to Monday 21st Sept 2026.

Date of issue: Monday 14th September 2026.



Nakuru County Detailed Forecast:

Table 1: Climatic zone: High Ground Areas_Above 2300 M above sea level (Mau-Narok, Molo, Kuresoi North and Kuresoi South)

Forecast	Tuesday 15/09/ 2026	Wednesday 16/09/ 2026	Thursday 17/09/ 2026	Friday 18/09/ 2026	Saturday 19/09/ 2026	Sunday 20/09/ 2026	Monday 21/08/ 2026
Morning hrs (Rains)							
Afternoon hrs (Showers)							
Night time (Showers)							
Rainfall / Showers Distribution (Few to Several Places)							
Maximum Temperature (Deg.Celcius)	20	19	21	20	21	20	19
Minimum Temperature (Deg.Celcius)	10	11	10	11	11	10	10
Possible Hazards	Thunder storms	Thunder Storms	Thunder storms	Thunder storms	Thunder storms	Thunder storms	Thunder storms

Key to rainfall/Showers distribution:

FEW- : Rain is likely to fall in few places (0% to less than 33%),

SEVERAL- : Rainfall is likely to fall in several places (33% to less than 66%),

MOST- : Rainfall is likely to fall in most places (More than 66%).

Table 2: Climatic zone: Medium Ground Areas _ 2000 – 2300 M above sea level (Subukia, Kabazi, Bahati, Njoro and Naivasha)

Forecast	Tuesday 15/09/ 2026	Wednesday 16/09/ 2026	Thursday 17/09/ 2026	Friday 18/09/ 2026	Saturday 19/09/ 2026	Sunday 20/09/ 2026	Monday 21/09/ 2026
Morning hrs (Rains)							
Afternoon hrs (Showers)							
Night time (Showers)							
Rainfall / Showers Distribution Few Places							
Maximum Temperature (Deg. Celcius)	22	22	21	21	21	23	22
Minimum Temperature (Deg. Celcius)	14	13	13	14	15	14	13
Possible Hazards	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely

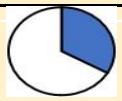
Key to rainfall/Showers distribution:

FEW- : Rain is likely to fall in few places (0% to less than 33%),

SEVERAL- : Rainfall is likely to fall in several places (33% to less than 66%),

MOST- : Rainfall is likely to fall in most places (More than 66%).

Table 3: Climatic zone: Low Ground Areas _ Below 2000 M above sea level (Solai, Rongai, Kabarak, Menengai, Nakuru City, Elementaita and Gilgil)

Forecast	Tuesday 15/09/ 2026	Wednesday 16/09/ 2026	Thursday 17/09/ 2026	Friday 18/09/ 2026	Saturday 19/09/ 2026	Sunday 20/09/ 2026	Monday 21/09/ 2026
Morning hrs (Rains) Few places							
Afternoon hrs (Showers) Few Places							
Night time (Showers) Few Places							
Rainfall / Showers Distribution Few Places							
Maximum Temperature (Deg. Celcius)	21	22	23	23	22	22	21
Minimum Temperature (Deg. Celcius)	14	14	14	14	15	15	14
Possible Hazards	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely	Not Likely

Key to rainfall/Showers distribution:

FEW- : Rain is likely to fall in few places (0% to less than 33%),

SEVERAL- : Rainfall is likely to fall in several places (33% to less than 66%),

MOST- : Rainfall is likely to fall in most places (More than 66%).

Summary

Figure1 above shows the weekly cummulative volume of rainfall amounts each region in Nakuru county is forecasted to receive from **Tuesday 15th to Monday 21st September 2026** (Refer to the Figure legend/key for details of forecasted rainfall amounts).

- Detailed forecast in the climatic zone tables 1-3 above indicates that most parts of Kiptororo, Tinet, Nyota, Kiptagich, Amalo, Keringet, Mariashoni, Nessuit & Mau Narok wards are projected to receive the highest cumulative weekly rainfall of more than 70mm with some pockets within the said wards receiving more than 120mm.
- Kamara, Visoi, Soin, Solai, Wasenges, Subukia, Elementaita, Mbaruk Eburru, Malewa west, Maiella, Olkaria, Mai mahiu, Naivasha east, Naivasha Biashara & Hells gate wards are projected to receive the least cumulative weekly rainfall of 1 to 20mm with parts of Mai mahiu, Olkaria & Naivasha east wards being projected to receive cumulative weekly rainfall of less than 1mm.
- The rest of the wards are projected to receive cumulative weekly rainfall of between 20 and 70mm.
- Overall, majority of the wards are projected to receive morning rains and afternoon and/or night showers over few to several places during the forecast period.
- Areas over large water bodies like lakes Nakuru and Naivasha and their environs (which includes the City and Naivasha town) may occasionally experience afternoon/evening showers over few to several places due to local climatological effects.

Commentary of county weather forecaster:

- Partly cloudy conditions with rains over few places in the morning hours.
- Showers expected over few to several places in the afternoon/evening hours.
- Partly cloudy nights with showers over few places expected during the forecast period.

Advice to farmers from the Ministry & Department of Agriculture:

Highly consider to always consult your local agricultural extension officer for advice on how to plan your farming activities in light of this forecast.

For more information about weather in Kenya, please visit:
http://www.meteo.go.ke/

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