REPUBLIC OF KENYA
MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY
KENYA METEOROLOGICAL DEPARTMENT
Dagoretti Corner, Ngong Road, P. O. Box 30259, 00100 GPO, Nairobi, Kenya
Telephone: 254 (0) 20 3867880-7**, Fax:** 254 (0) 20 3876955/3877373/3867888,
e-mail: director@meteo.go.ke, info@meteo.go.ke **Website:** http://www.meteo.go.ke

REF.NO: KMD/FCST/10-2026/MARINE/40 Date: Issued on 4th October, 2026

7-Day Marine Forecast for the Kenya Coast and Off Shore Areas
Along the Western Indian Ocean Region
Validity: 05/10/2026 - 11/10/2026

1.0 GENERAL OUTLOOK

1.1 Wind Speed & Direction:

East-North-Easterly to South-South-Westerly winds are expected over Somalia, Kenya and Tanzania waters with wind speeds of 02 to 20 knots (01-10m/s) throughout the forecast period.

1.2 Sig. Wave Height and Direction:

Easterly to South-South-Westerly waves are expected over Kenya, and Tanzania waters with wave heights of 0.4-2.5m (≈ 1.2–7.5ft) throughout the forecast period.

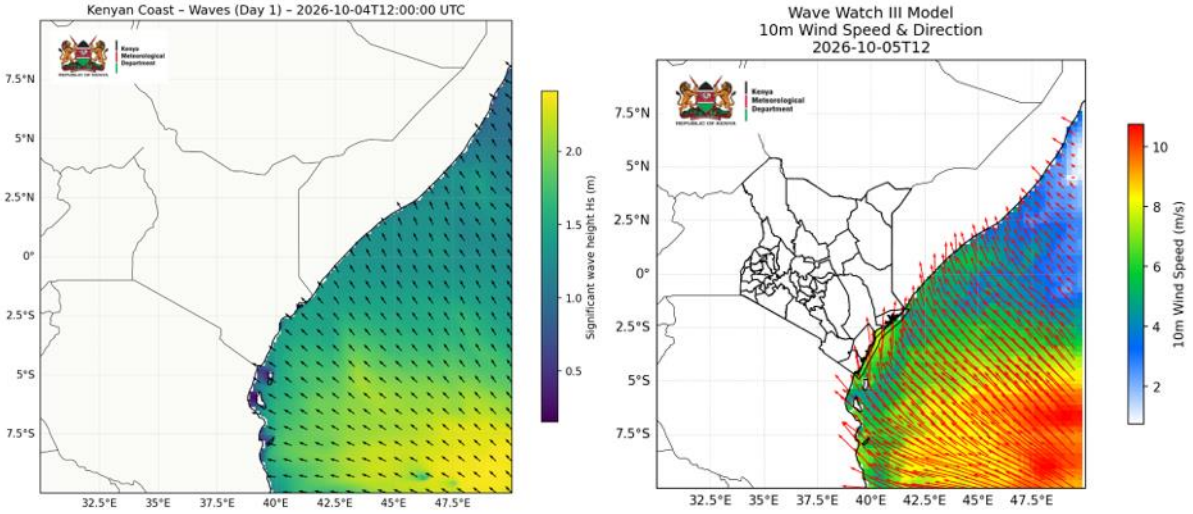
1.3 Sea condition

- Light to fresh breeze with wind speeds of 01–10m/s (02 to 20 Knots) expected over Somalia, Kenya and Tanzania waters throughout the forecast period.
- Slight to Moderate Sea condition with wave heights of 0.4-2.5m (≈ 1.2–7.5 ft) expected over Somalia Kenya and Tanzania waters throughout the forecast period.

2.0 WINDS AND SIGNIFICANT WAVE HEGHTS FORECAST FOR THE PERIOD 5TH OCTOBER, 2026 TO 11TH OCTOBER, 2026.

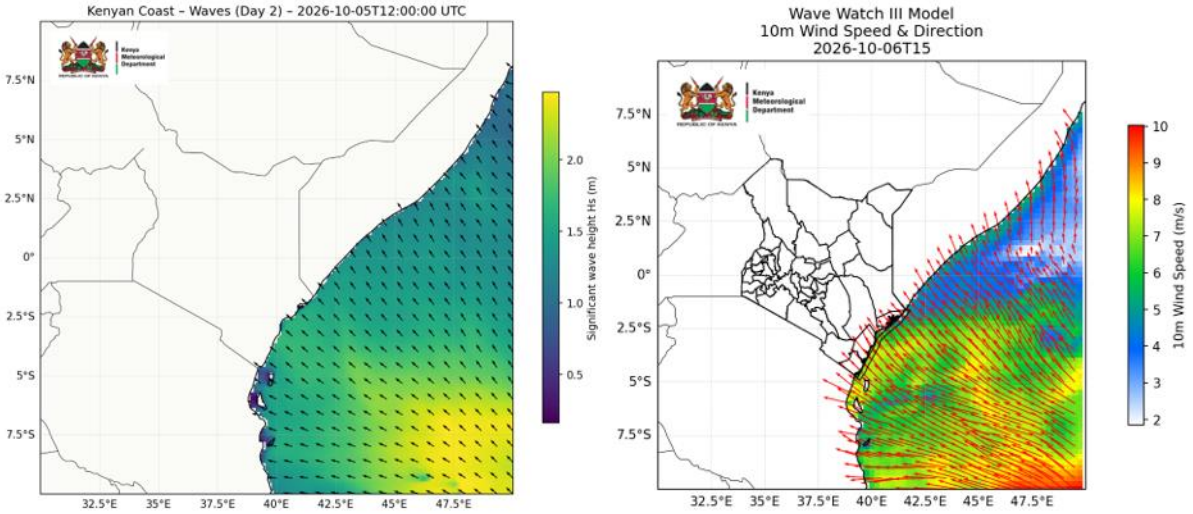
2.1 Monday 5th October, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.4 m to 2.0 m (≈ 1.2– 6.0ft) 10m Winds: 4-20 knots (≈ 2 –10m/s)



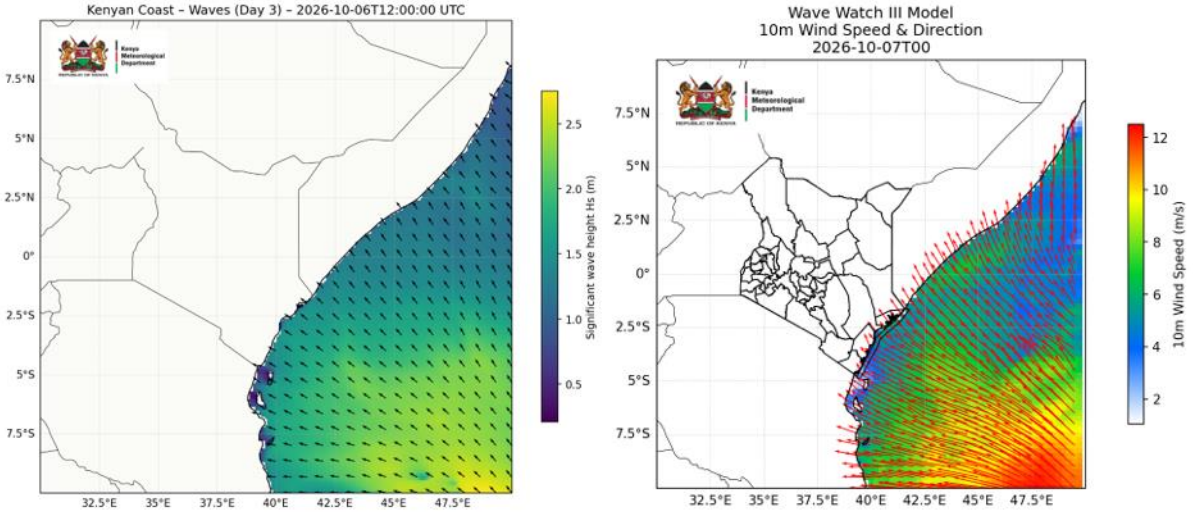
2.2 Tuesday 6th October, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 2.0m (≈ 1.5– 6.0ft) 10m Winds: 4-20 knots (≈ 2– 10m/s)



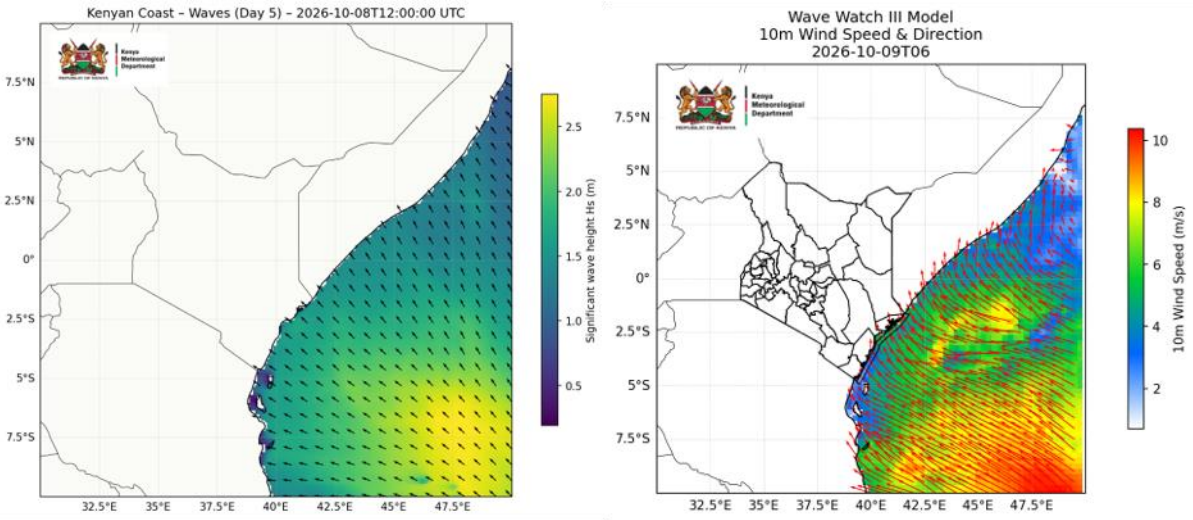
2.3 Wednesday 7th October, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5m to 2.5m (≈1.5 - 7.5ft) 10m Winds: 4-24 knots (≈ 2– 12 m/s)



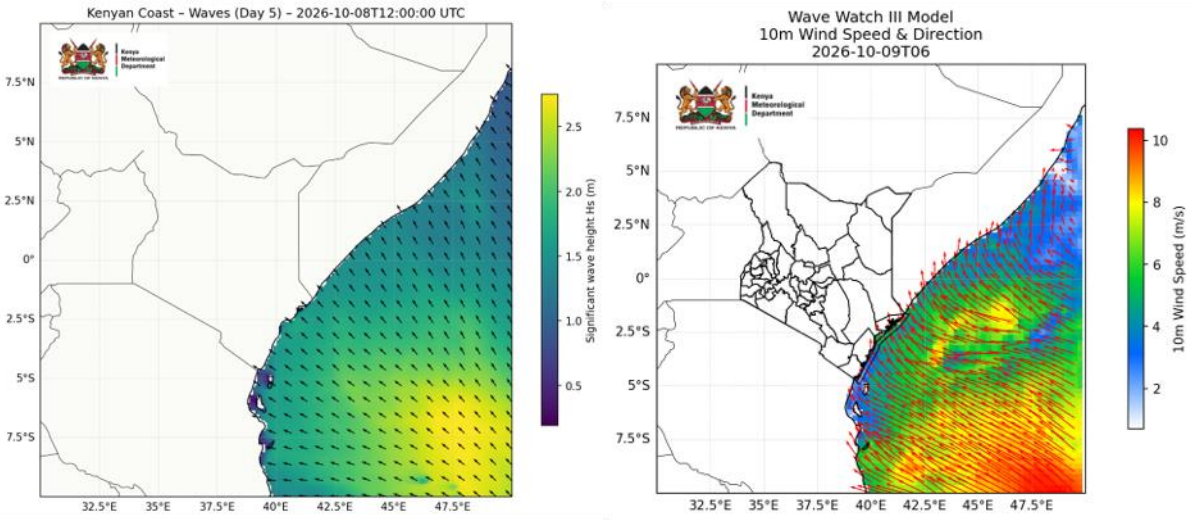
2.4 Thursday 8th October, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 2.5m (≈ 1.5– 7.5ft) 10m Winds: 4-20 knots (≈ 2– 10 m/s)



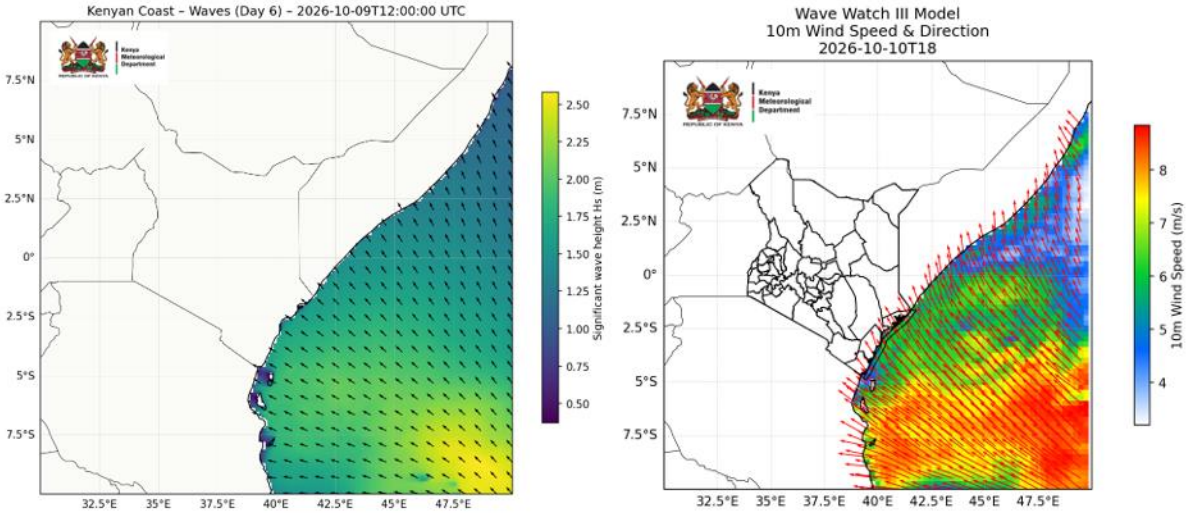
2.5 Friday 9th October, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 2.5m (≈ 1.5–7.5ft) 10m Winds:4-20 knots (≈ 2– 10m/s)



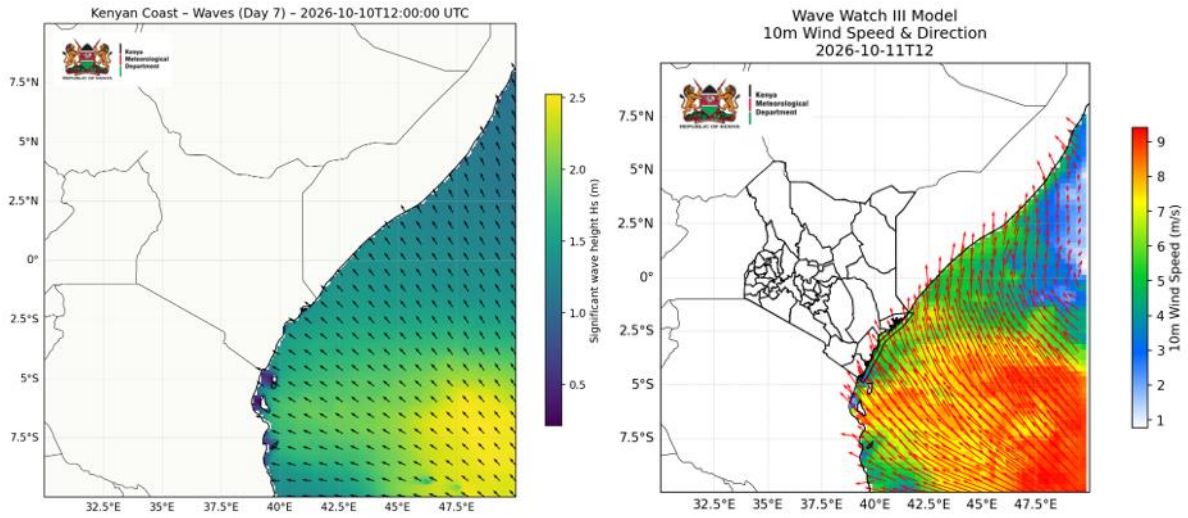
2.6 Saturday 10th October, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 2.5m (≈ 1.5–7.5ft) 10m Winds: 6-20 knots (≈ 4– 8m/s)



2.7 Sunday 11th October, 2026: Significant Wave Height and Wind Speed (Wave Scale in Meters; Wind Scale in m/s)

Wave height: 0.5 m to 2.5 m (≈ 1.5–7.5ft) 10m Winds: 2-18 knots (≈ 1– 9 m/s)

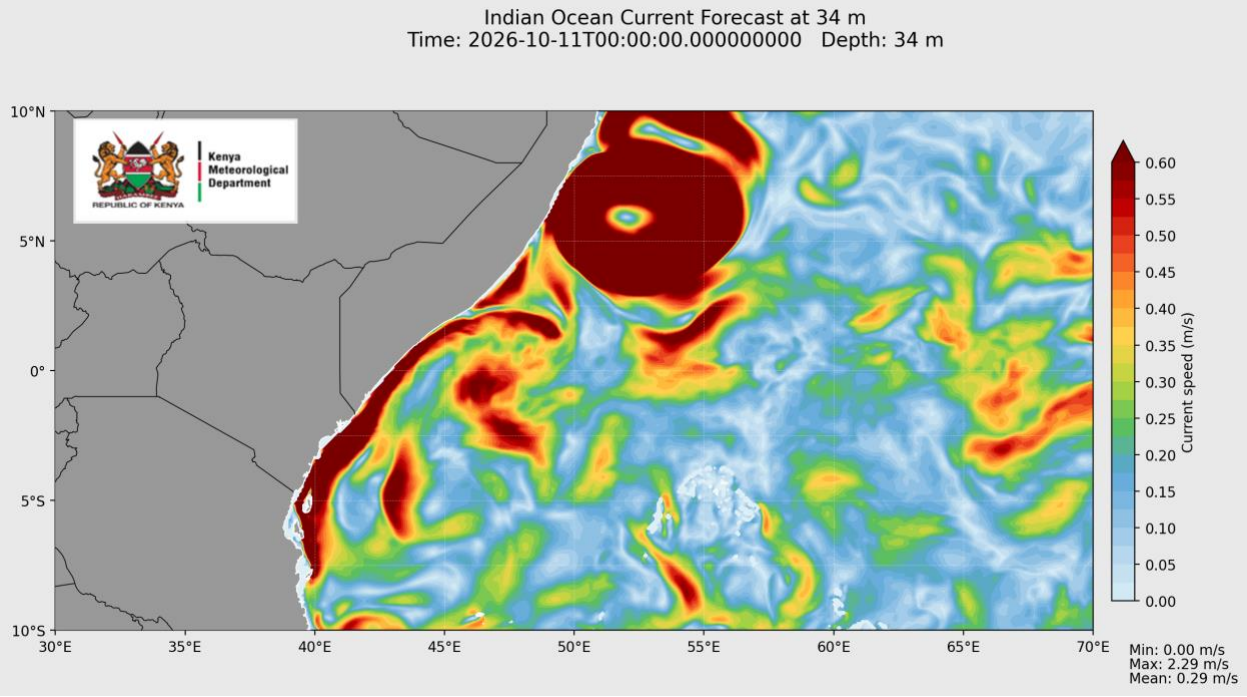


3.0 TIDE FORECAST VALID FROM 5TH OCTOBER, 2026 TO 11TH OCTOBER, 2026.

Date	Description	High Tide		Low Tide	
		Time	Height	Time	Height
Mon 5th October, 2026	**1st Tide**	11:32 AM	2.53 m	4:25 AM	1.42 m
	2nd Tide			6:36 PM	1.17 m
Tue 6th October, 2026	**1st Tide**	00:55 AM	2.27 m	6:50 AM	1.27 m
	2nd Tide	1:14 PM	2.69 m	7:46 PM	0.91 m
Wed 7th October, 2026	**1st Tide**	1:59 AM	2.65 m	8:02 AM	0.93 m
	2nd Tide	2:14 PM	2.93 m	8:29 PM	0.66 m
Thu 8th October, 2026	**1st Tide**	2:43 AM	3.02 m	8:49 AM	0.61 m

	2nd Tide	2:58 PM	3.12 m	2:58 PM	0.45 m
Fri 9th October, 2026	**1st Tide**	3:19 AM	3.33 m	9:27 AM	0.36 m
	2nd Tide	3:35 PM	3.26 m	9:35 PM	0.3m
Sat 10th October, 2026	**1st Tide**	3:51 AM	3.55 m	10:01 AM	0.19 m
	2nd Tide	4:09 PM	3.31 m	10:04 PM	0.22 m
Sun 11th October, 2026	**1st Tide**	4:22 AM	3.68 m	10:32 AM	0.11 m
	2nd Tide	4:40 PM	3.3 m	10:32 PM	0.2 m

4.0 7 DAYS OCEAN SURFACE CURRENT IN METERS PER SECONDS (M/S) FORECAST VALID 05/10/2026 TO 11/10/2026



KEY ON SEA STATE

WAVE HEIGHT RANGE (Meters)	DESCRIPTION	IMPACT
0.6 – 1.0 m (≈ 1.8 – 3.0 ft)	Slight	**Conditions suitable for Marine activities**
1.0 – 1.9 m (≈ 3.0 – 5.7 ft)	Slight – Moderate	
2.0 – 2.9 m (≈ 6.0 – 8.7 ft)	Moderate-Rough	**Caution on operating marine activities**
3.0 – 4.0 m (≈ 9.0 – 12.0 ft)	Rough	**Warning in place!!!!**
4.1 – 5.5 m (≈ 12.3 – 16.5 ft)	Very Rough	**Warning in place and marine activities on hold**

KEY ON SEA STATE

WIND	RANGE	DESCRIPTIONS	IMPACT
	< 1 – 7 Knots	**Calm to light breeze**	**1 – 6 knots, the Ocean is relatively calm with very little disturbance. Suitable for Marine operations**
	7 – 21 Knots	**Gentle breeze to fresh breeze**	**7 – 17 knots, small boats are likely to be filled with water sprays and become unstable. Caution in carrying out marine activities**
	22 – ≥34 Knots	**Strong breeze to extremely strong breeze**	**More than 21 knots, the ocean state is very much disturbed and the prevailing conditions are dangerous for marine operations. Warning in place!!!!!**

N.B: This forecast should be used in conjunction with the daily marine forecast issued by this Department.

In concurrence with outputs from relevant marine data platforms, acknowledgement is fully accorded to: ESSO- Indian National Centre for Ocean Information Services (INCOIS), mercator-ocean.fr, COPERNICUS Marine Environment Monitoring Service (CMEMS) and other related sources.

Dr Okello and Mr.K.Langat.

Duty Analysts
Marine Forecasting Services

For DIRECTOR,
KENYA METEOROLOGICAL DEPARTMENT