



MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY

STATE DEPARTMENT FOR ENVIRONMENT AND CLIMATE CHANGE

KENYA METEOROLOGICAL DEPARTMENT

DAILY FORECAST FOR THE NEXT FIVE DAYS

VALIDITY: 15 TO 19 JULY 2025

FORECAST ISSUED ON: 14 JULY 2025

SUMMARY:

- *Rainfall is expected over the Highlands East and West of the Rift Valley, the Lake Victoria Basin, the Rift Valley and North-western Kenya.*
- *Occasional cold and cloudy conditions are likely to occur over some parts of the Highlands East and West of the Rift Valley, the South-eastern lowlands and the Rift Valley.*
- *Strong southerly to south-easterly winds with speeds exceeding 25 knots (12.86 m/s) are expected over the Coast (and Kenya's territorial waters), the South-eastern lowlands, North-eastern and North-western Kenya.*

REGION	Time and Temperature	TUESDAY 15 JULY 2025	WEDNESDAY 16 JULY 2025	THURSDAY 17 JULY 2025	FRIDAY 18 JULY 2025	SATURDAY 19 JULY 2025
The Highlands West of the Rift Valley, the Lake Victoria Basin, and the Rift Valley (Siaya, Kisumu, Homabay, Migori, Kisii, Nyamira, Trans Nzoia, Baringo, Uasin Gishu, Elgeyo-Marakwet, Nandi, Nakuru, Narok, Kericho, Bomet, Kakamega, Vihiga, Bungoma, Busia and West Pokot Counties)	<i>Morning</i>	Sunny intervals.	Rains over few places.	Rains over few places.	A chance of rains over few places.	Rains over few places.
	<i>Afternoon</i>	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.	Showers and thunderstorms over several places.
	<i>Night</i>	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.
	<i>Maximum Temperatures</i>	29°C	29°C	30°C	30°C	29°C

REGION	<i>Time and Temperature</i>	TUESDAY 15 JULY 2025	WEDNESDAY 16 JULY 2025	THURSDAY 17 JULY 2025	FRIDAY 18 JULY 2025	SATURDAY 19 JULY 2025
	<i>Minimum Temperatures</i>	12°C	12°C	12°C	12°C	10°C
North-western (Turkana and Samburu Counties)	<i>Morning</i>	Rains over few places.	Rains over few places.	Rains over few places.	Rains over few places.	Rains over few places.
	<i>Afternoon</i>	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.
	<i>Night</i>	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.
	<i>Maximum Temperatures</i>	35°C	35°C	35°C	35°C	35°C
	<i>Minimum Temperatures</i>	10°C	11°C	11°C	14°C	14°C
Highlands East of the Rift Valley [including Nairobi County] (Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang'a, Kiambu, Meru, Embu, Tharaka and Nairobi Counties)	<i>Morning</i>	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.	A chance of rains over few places.	A chance of rains over few places.
	<i>Afternoon</i>	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.	Showers over few places.
	<i>Night</i>	Partly cloudy.	A chance of showers over few places.	A chance of showers over few places.	Showers over few places.	A chance of showers over few places.
	<i>Maximum Temperatures</i>	25°C	25°C	26°C	26°C	25°C
	<i>Minimum Temperatures</i>	10°C	09°C	10°C	11°C	11°C
North-eastern (Marsabit, Mandera, Wajir, Garissa and Isiolo Counties)	<i>Morning</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Afternoon</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.

REGION	<i>Time and Temperature</i>	TUESDAY 15 JULY 2025	WEDNESDAY 16 JULY 2025	THURSDAY 17 JULY 2025	FRIDAY 18 JULY 2025	SATURDAY 19 JULY 2025
	<i>Maximum Temperatures</i>	35°C	36°C	36°C	36°C	35°C
	<i>Minimum Temperatures</i>	15°C	15°C	14°C	14°C	14°C
South-eastern lowlands (<i>Kitui, Makueni, Machakos, Kajiado and Taita Taveta Counties as well as inland parts of Tana River County.</i>)	<i>Morning</i>	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.
	<i>Afternoon</i>	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	<i>Maximum Temperatures</i>	29°C	30°C	31°C	30°C	29°C
	<i>Minimum Temperatures</i>	14°C	14°C	13°C	12°C	14°C
Coast (<i>Mombasa, Kilifi, Lamu and Kwale Counties as well as coastal parts of Tana River County.</i>)	<i>Morning</i>	A chance of showers over few places.	A chance of showers over few places.	Sunny intervals.	A chance of showers over few places.	A chance of showers over few places.
	<i>Afternoon</i>	Sunny intervals.	A chance of showers over few places.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	<i>Night</i>	Partly cloudy.	Partly cloudy.	A chance of showers over few places.	A chance of showers over few places.	Partly cloudy.
	<i>Maximum Temperatures</i>	30°C	30°C	30°C	30°C	30°C
	<i>Minimum Temperatures</i>	21°C	22°C	23°C	22°C	21°C

N.B: This forecast should be used in conjunction with the daily (24-hour) forecast issued by this Department. County specific forecasts are available from the offices of respective County Directors of Meteorological Services.