



MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY

STATE DEPARTMENT FOR ENVIRONMENT AND CLIMATE CHANGE

KENYA METEOROLOGICAL DEPARTMENT

DAILY FORECAST FOR THE NEXT FIVE DAYS

VALIDITY: 18 TO 22 JULY 2025

FORECAST ISSUED ON: 17 JULY 2025

SUMMARY:

- *Rainfall is expected over the Highlands East and West of the Rift Valley, the Lake Victoria Basin, the Rift Valley and North-western Kenya.*
- *Occasional cold and cloudy conditions are likely to occur over some parts of the Highlands East and West of the Rift Valley, the South-eastern lowlands and the Rift Valley.*
- *Strong southerly to south-easterly winds with speeds exceeding 25 knots (12.86 m/s) are expected over the Coast (and Kenya's territorial waters), the South-eastern lowlands, North-eastern and North-western Kenya.*

| REGION | Time and Temperature | FRIDAY 18 JULY 2025 | SATURDAY 19 JULY 2025 | SUNDAY 20 JULY 2025 | MONDAY 21 JULY 2025 | TUESDAY 22 JULY 2025 |
|---|-----------------------------|--|--|--|--|--|
| The Highlands West of the Rift Valley, the Lake Victoria Basin, and the Rift Valley (Siaya, Kisumu, Homabay, Migori, Kisii, Nyamira, Trans Nzoia, Baringo, Uasin Gishu, Elgeyo-Marakwet, Nandi, Nakuru, Narok, Kericho, Bomet, Kakamega, Vihiga, Bungoma, Busia and West Pokot Counties) | <i>Morning</i> | Rains over few places. | Rains over few places. | Sunny intervals. | Rains over few places. | Rains over few places. |
| | <i>Afternoon</i> | Showers and thunderstorms over few places. | Showers and thunderstorms over several places. | Showers and thunderstorms over several places. | Showers and thunderstorms over several places. | Showers and thunderstorms over several places. |
| | <i>Night</i> | Showers over few places. | Showers over few places. | Showers over few places. | Showers over few places. | Showers over few places. |
| | <i>Maximum Temperatures</i> | 29°C | 29°C | 28°C | 28°C | 30°C |

| REGION | <i>Time and Temperature</i> | FRIDAY 18 JULY 2025 | SATURDAY 19 JULY 2025 | SUNDAY 20 JULY 2025 | MONDAY 21 JULY 2025 | TUESDAY 22 JULY 2025 |
|---|-----------------------------|--|--|--|---------------------------------------|---------------------------------------|
| | <i>Minimum Temperatures</i> | 10°C | 10°C | 11°C | 10°C | 12°C |
| North-western (Turkana and Samburu Counties) | <i>Morning</i> | Rains over few places. | Rains over few places. | Rains over few places. | Rains over few places. | Rains over few places. |
| | <i>Afternoon</i> | Showers and thunderstorms over few places. | Showers and thunderstorms over few places. | Showers and thunderstorms over few places. | A chance of showers over few places. | A chance of showers over few places. |
| | <i>Night</i> | Showers over few places. | Showers over few places. | A chance of showers over few places. | Showers over few places. | Partly cloudy. |
| | <i>Maximum Temperatures</i> | 35°C | 36°C | 35°C | 36°C | 36°C |
| | <i>Minimum Temperatures</i> | 10°C | 10°C | 09°C | 10°C | 11°C |
| Highlands East of the Rift Valley [including Nairobi County] (Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang'a, Kiambu, Meru, Embu, Tharaka and Nairobi Counties) | <i>Morning</i> | Rains over few places. | A chance of rains over few places. | Cloudy breaking into sunny intervals. | Cloudy breaking into sunny intervals. | Cloudy breaking into sunny intervals. |
| | <i>Afternoon</i> | Showers over few places. | Showers over few places. | Showers over few places. | Showers over few places. | Showers over few places. |
| | <i>Night</i> | A chance of showers over few places. | Partly cloudy. | Partly cloudy. | Partly cloudy. | A chance of showers over few places. |
| | <i>Maximum Temperatures</i> | 25°C | 26°C | 25°C | 25°C | 26°C |
| | <i>Minimum Temperatures</i> | 12°C | 07°C | 10°C | 10°C | 09°C |
| North-eastern (Marsabit, Mandera, Wajir, Garissa and Isiolo Counties) | <i>Morning</i> | Rains over few places. | Sunny intervals. | Sunny intervals. | Sunny intervals. | Sunny intervals. |
| | <i>Afternoon</i> | Sunny intervals. | Sunny intervals. | Sunny intervals. | Sunny intervals. | Sunny intervals. |
| | <i>Night</i> | Partly cloudy. | Partly cloudy. | Partly cloudy. | Partly cloudy. | Partly cloudy. |

| REGION | Time and Temperature | FRIDAY 18 JULY 2025 | SATURDAY 19 JULY 2025 | SUNDAY 20 JULY 2025 | MONDAY 21 JULY 2025 | TUESDAY 22 JULY 2025 |
|--|----------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| | Maximum Temperatures | 36°C | 36°C | 36°C | 36°C | 36°C |
| | Minimum Temperatures | 16°C | 15°C | 15°C | 15°C | 15°C |
| South-eastern lowlands (<i>Kitui, Makueni, Machakos, Kajiado and Taita Taveta Counties as well as inland parts of Tana River County.</i>) | Morning | Cloudy breaking into sunny intervals. | Cloudy breaking into sunny intervals. | Cloudy breaking into sunny intervals. | Cloudy breaking into sunny intervals. | Cloudy breaking into sunny intervals. |
| | Afternoon | Sunny intervals. | Sunny intervals. | Sunny intervals. | Sunny intervals. | Sunny intervals. |
| | Night | Partly cloudy. | Partly cloudy. | Partly cloudy. | Partly cloudy. | Partly cloudy. |
| | Maximum Temperatures | 30°C | 31°C | 30°C | 30°C | 31°C |
| | Minimum Temperatures | 12°C | 13°C | 12°C | 12°C | 14°C |
| Coast (<i>Mombasa, Kilifi, Lamu and Kwale Counties as well as coastal parts of Tana River County.</i>) | Morning | Showers over few places. | Sunny intervals. | Sunny intervals. | A chance of showers over few places. | Sunny intervals. |
| | Afternoon | Showers over few places. | Sunny intervals. | Sunny intervals. | Sunny intervals. | Sunny intervals. |
| | Night | Partly cloudy. | Partly cloudy. | Partly cloudy. | Partly cloudy. | Partly cloudy. |
| | Maximum Temperatures | 30°C | 30°C | 30°C | 30°C | 30°C |
| | Minimum Temperatures | 22°C | 22°C | 22°C | 22°C | 21°C |

N.B: This forecast should be used in conjunction with the daily (24-hour) forecast issued by this Department. County specific forecasts are available from the offices of respective County Directors of Meteorological Services.