

MINISTRY OF ENVIRONMENT, CLIMATE CHANGE AND FORESTRY

STATE DEPARTMENT FOR ENVIRONMENT AND CLIMATE CHANGE

KENYA METEOROLOGICAL DEPARTMENT

DAILY FORECAST FOR THE NEXT FIVE DAYS

VALIDITY: 7 TO 11 AUGUST 2025

FORECAST ISSUED ON: 6 AUGUST 2025

SUMMARY:

- o Rainfall is expected in the Highlands East and West of the Rift Valley and North-western Kenya.
- Intermittent cold and cloudy conditions are likely to occur over some parts of the Highlands East and West of the Rift Valley, the South-eastern lowlands and the Rift Valley.
- Strong southerly to south-easterly winds with speeds exceeding 25 knots (12.86 m/s) are expected over the Coast (and Kenya's territorial waters),
 the South-eastern lowlands, North-eastern and North-western Kenya.

REGION	Time and Temperature	THURSDAY 7 AUGUST 2025	FRIDAY 8 AUGUST 2025	SATURDAY 9 AUGUST 2025	SUNDAY 10 AUGUST 2025	MONDAY 11 AUGUST 2025
The Highlands West of the Rift Valley, the Lake Victoria Basin, and the Rift Valley (Siaya, Kisumu, Homabay, Migori, Kisii, Nyamira, Trans Nzoia, Baringo, Uasin Gishu, Elgeyo Marakwet, Nandi, Nakuru, Narok, Kericho, Bomet, Kakamega, Vihiga, Bungoma, Busia and West Pokot Counties)	Morning	Rains over few places.				
	Afternoon	Showers and thunderstorms over several places.				
	Night	Showers over few places.	Showers over several places.	Showers over few places.	Showers over few places.	Showers over few places.
	Maximum Temperatures	29°C	29°C	30°C	30°C	29°C

Kenya Meteorological Department, Dagoretti Corner, Ngong Road | P.O. Box 30259-00100, Nairobi, Kenya

Telephone: +254 20 3867880-5, +254 724 255154

E-mail: director@meteo.go.ke | Website: https://www.meteo.go.ke

REGION	Time and Temperature	THURSDAY 7 AUGUST 2025	FRIDAY 8 AUGUST 2025	SATURDAY 9 AUGUST 2025	SUNDAY 10 AUGUST 2025	MONDAY 11 AUGUST 2025
	Minimum Temperatures	12°C	10°C	08°C	12°C	09°C
North-western (Turkana and Samburu Counties)	Morning	Rains over few places.	Rains over few places.	Rains over few places.	Sunny intervals.	Rains over few places.
	Afternoon	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Showers and thunderstorms over few places.	Sunny intervals.	A chance of showers over few places.
	Night	Showers over few places.	Showers over few places.	Partly cloudy.	Partly cloudy.	Partly cloudy.
	Maximum Temperatures	34°C	34°C	34°C	35°C	34°C
	Minimum Temperatures	13°C	11°C	13°C	13°C	12°C
Highlands East of the Rift Valley (Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang'a, Kiambu, Meru, Embu, Tharaka Nithi and Nairobi Counties)	Morning	A chance of rains over few places.	Rains over few places.	A chance of rains over few places.	Cloudy breaking into sunny intervals.	Cloudy breaking into sunny intervals.
	Afternoon	Showers over few places.	Showers over several places.	Showers over few places.	Showers over few places.	Showers over few places.
	Night	Showers over few places.	Showers over few places.	Partly cloudy.	Partly cloudy.	A chance of showers over few places.
	Maximum Temperatures	27°C	27°C	26°C	26°C	27°C
	Minimum Temperatures	09°C	09°C	09°C	09°C	09°C
North-eastern (Marsabit, Mandera, Wajir, Garissa and Isiolo Counties)	Morning	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Afternoon	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Night	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.	Partly cloudy.

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REGION	Time and Temperature	THURSDAY 7 AUGUST 2025	FRIDAY 8 AUGUST 2025	SATURDAY 9 AUGUST 2025	SUNDAY 10 AUGUST 2025	MONDAY 11 AUGUST 2025
	Maximum Temperatures	32°C	33°C	32°C	32°C	33°C
	Minimum Temperatures	14°C	13°C	14°C	14°C	14°C
South-eastern lowlands (Kitui, Makueni, Machakos, Kajiado and Taita Taveta Counties as well as inland parts of Tana River County)	Morning	Cloudy breaking into sunny intervals.				
	Afternoon	Showers over few places.	Sunny intervals.	Sunny intervals.	Sunny intervals.	Sunny intervals.
	Night	Partly cloudy.				
	Maximum Temperatures	30°C	29°C	29°C	28°C	30°C
	Minimum Temperatures	09°C	10°C	10°C	14°C	14°C
Coast (Mombasa, Kilifi, Lamu and Kwale Counties as well as coastal parts of Tana River County)	Morning	Sunny intervals.				
	Afternoon	Sunny intervals.				
	Night	Partly cloudy.				
	Maximum Temperatures	29°C	30°C	29°C	28°C	30°C
	Minimum Temperatures	21°C	19°C	20°C	20°C	21°C

N.B: This forecast should be used in conjunction with the daily (24-hour) forecast issued by this Department. County specific forecasts are available from the offices of respective County Directors of Meteorological Services.

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